

MarketsandMarkets

# LONDON ORTHOPAEDIC MEETING

13<sup>th</sup>-14<sup>th</sup> June 2024

London, UK

Pushing the Boundaries and Leading  
the Way in Orthopaedic Advancements

**Venue:**

Radisson Park Plaza Waterloo,  
6 Hercules Rd, London SE1 7DP, UK



## UPCOMING EVENTS

### Event 01

7<sup>th</sup> Annual  
MarketsandMarkets  
**Next-Gen Immuno-  
Oncology Conference**

20<sup>th</sup> - 21<sup>st</sup> June 2024  
Boston, USA

### Event 02

2<sup>nd</sup> Annual  
MarketsandMarkets  
**Biomarker and Companion  
Diagnostics Conference -  
East Coast Edition**

20<sup>th</sup> - 21<sup>st</sup> June 2024  
Boston, USA

### Event 03

9<sup>th</sup> Annual  
MarketsandMarkets  
**High Potent Medicines  
Conference - EU Edition**

22<sup>nd</sup> - 24<sup>th</sup> May 2024  
Milan, Italy

### Event 04

MarketsandMarkets  
**European Medical Device  
& Diagnostics Post-Market  
Surveillance and Vigilance  
Conference**

14<sup>th</sup>-15<sup>th</sup> October 2024  
Dusseldorf, Germany

### Event 05

2<sup>nd</sup> Annual  
MarketsandMarkets  
**Real-World Evidence and  
Market Access Conference**

14<sup>th</sup> - 15<sup>th</sup> October 2024  
Germany, Europe



## Notes

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## Welcome to the

We are pleased to announce the MarketsandMarkets London Orthopaedic Meeting, scheduled to take place on 13th-14th June 2024, in London, UK. This conference aims to provide a platform for surgeons, physicians, residents, clinical specialty nurses, and other medical professionals to gather and discuss the latest technological advancements, emerging trends, challenges, and future prospects in minimally invasive surgery. The focus will be on managing disorders related to Orthopaedics, 'also with focus towards the FRCS'.

Over the course of two days, attendees will have the opportunity to engage in expert keynote presentations and participate in breakthrough sessions. This scientific meeting will not only facilitate knowledge exchange but also enable networking among peers, ensuring participants stay informed about the most recent developments in the world of minimally invasive surgery.

We want the whole experience to be interactive and so if you need to find any specific information, please feel free to talk to the speakers, exhibitors or the conference organizers and we will do all we can to find the answers you need.

Thank You and Warm Regards,



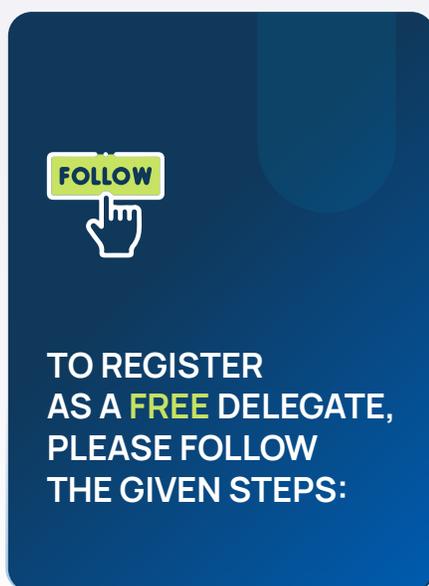
👤 **Sandeep Sugla**  
Founder and CEO  
MarketsandMarkets

# Event Overview

The field of surgery has been revolutionised by the introduction of new technologies and surgical techniques. A major breakthrough is the use of robotic systems like the MAKO system for knee replacements (robotic arm-assisted knee surgery). Consequently, MIS has emerged as the gold standard of care in numerous clinical specialties globally.

We are pleased to announce the MarketsandMarkets London Orthopaedic Meeting, scheduled to take place on 13th-14th June 2024, in London, UK. This conference aims to provide a platform for surgeons, physicians, residents, clinical specialty nurses, and other medical professionals to gather and discuss the latest technological advancements, emerging trends, challenges, and future prospects in minimally invasive surgery. The focus will be on managing disorders related to Orthopaedics, 'also with focus towards the FRCS'.

Over the course of two days, attendees will have the opportunity to engage in expert keynote presentations, and participate in breakthrough sessions. This scientific meeting will not only facilitate knowledge exchange but also enable networking among peers, ensuring participants stay informed about the most recent developments in the world of minimally invasive surgery.



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## CONFERENCE CONVENERS

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### **ABHINAV GULIHAR,**

Consultant Orthopaedic Surgeon (Upper Limb and Trauma),  
Princess Royal University Hospital,

**Kings College Hospital NHS Foundation Trust**

Abhi Gulihar is a fellowship trained orthopaedic surgeon specialising in surgery of the shoulder, elbow, wrist and hand. He has a special interest in shoulder replacement surgery and the management of sports injuries. Abhi believes in evidence based practice whilst utilising the latest techniques, with an emphasis on patient centred care.

Abhi completed his specialist orthopaedic training in East Midlands and Kent, Surrey and Sussex and then went on to do fellowships at the South West London Elective Orthopaedic Centre and the European Arthroscopy Fellowship. He has also taken the opportunity to visit several experts in Shoulder surgery in Europe and USA to learn the latest advances and techniques. He now has a busy NHS practice at the Kings College Hospital NHS trust managing routine and complex conditions and injuries of the upper limb.



### **Robbie Ray**

Orthopaedic Surgeon,  
Princess Royal University Hospital,

**King's College Hospital NHS Foundation Trust**

Mr Ray is double international fellowship trained in Sydney, Australia and Toronto, Canada. He won the prestigious BOFAS Gold fellowship award for his time in Sydney. He initially worked as Consultant foot and ankle surgeon at the world renowned St George's Hospital major trauma centre. He has moved his NHS practice to Kings College Hospital Foundation trust to develop and modernise the elective foot and ankle service at the South sites.

Mr Ray has some of the most advanced training in minimally invasive surgery amongst UK surgeons and endeavours to deliver high quality, safe, modern treatments to his patients.



## Scientific Advisory Board | Organising Partners



### Abhinav Gulihar

Consultant  
Orthopaedic Surgeon  
(Upper Limb and Trauma),  
Princess Royal University  
Hospital,  
**Kings College Hospital NHS  
Foundation Trust**



### Robbie Ray

Orthopaedic Surgeon,  
Princess Royal University  
Hospital,  
**King's College Hospital NHS  
Foundation Trust**



### Mohit Bansal

Consultant Hip and  
Knee Surgeon  
Princess Royal University  
Hospital,  
**King's College Hospital NHS  
Foundation Trust**



### Dominic Davenport

Consultant Hip and  
Knee Surgeon  
Princess Royal University  
Hospital,  
**King's College Hospital NHS  
Foundation Trust**



### Kishan Gokaraju

Consultant Upper  
Limb and Trauma  
Princess Royal University  
Hospital,  
**King's College Hospital NHS  
Foundation Trust**



### Aanchal Jain

Consultant Upper  
Limb and Trauma  
Princess Royal University  
Hospital,  
**King's College Hospital NHS  
Foundation Trust**



**Princess Royal University Hospital**

**King's College Hospital**  
NHS Foundation Trust



# Day 1



13<sup>th</sup> June 2024

08:15	Registration
08:55	<p><b>Welcome note from the Meeting Chairs</b> <b>Robbie Ray</b>, Orthopaedic Surgeon, Princess Royal University Hospital, <b>King's College Hospital NHS Foundation Trust</b> <b>Abhinav Gulihar</b>, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Princess Royal University Hospital, Kings College Hospital NHS Foundation Trust</p>
	<p><b>FOOT &amp; ANKLE SURGERY 1</b> Session Chairs - <b>Robbie Ray</b>, Orthopaedic Surgeon, Princess Royal University Hospital King's College Hospital NHS Foundation Trust - TBC</p>
09:00	<p><b>Updates in the Minimally Invasive Treatment of Insertional Heel Pain</b> <b>Tom Lewis</b>, Trauma and Orthopaedic Surgery Specialty Trainee, NHS</p>
09:10	<p><b>Community assessment, management and referral of rapidly progressing collapsing foot in a diabetic</b></p> <ul style="list-style-type: none"><li>• Community assessment</li><li>• Management and Referral of Rapidly Progressing Collapsing Diabetic Foot</li></ul> <p><b>Venu Kavarthapu</b>, Consultant Orthopaedic Surgeon, King's College Hospital, London</p>
09:20	<p><b>Minimally invasive treatment of calcaneal fracture</b></p> <ul style="list-style-type: none"><li>• Dealing with Controversies of the Literature</li><li>• Defining Current best Treatment</li><li>• Explaining a Balanced Approach to Management</li></ul> <p><b>Raju Ahluwalia</b>, Consultant Foot and Ankle Orthopaedic Surgeon, King's College Hospital, London</p>
09:30	<p><b>Novel techniques in the management of foot injuries (or pilon or syndesmosis)</b> <b>Lucky Jeyaseelan</b>, Consultant Trauma and Orthopaedic Surgeon, Barts Bone &amp; Joint Health, The Royal London Hospital</p>
09:40	<p><b>Lateral Microinstability</b> <b>Francisc Malagelada</b>, Consultant Orthopaedic Surgeon, Barts Health NHS Trust</p>
09:50	<p><b>What about the Deltoid? An Update on Medial and Rotational Instability</b> <b>Robbie Ray</b>, Orthopaedic Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust</p>
10:00	<b>Q&amp;A</b>



10:10	<b>The use of force plates in rehabilitation after sports injuries</b> Tom Cornish, Clinic Director and Specialist Musculo-Skeletal Osteopath, PUREFORM CLINIC
10:20	<b>The Conservative Treatment of Metatarsalgia in Sports</b> Liam Stapleton, Specialist in Podiatric Sports Medicine, Harley Street Specialist Hospital, London
10:30	<b>Total Ankle Replacement- State of the Art- When to Replace?</b> Amit Patel, Consultant Trauma & Orthopaedic Surgeon (Foot & Ankle), Barts NHS Trust
10:40	<b>Making the Most out of Clinical Practice using Outcome Measures</b> Tom Lewis, Trauma and Orthopaedic Surgery Specialty Trainee, NHS
11:50	Q&A Round
<b>11:00</b>	<b>Morning Refreshments and Coffee Break</b>
<b>WORKSHOP BY</b> - Robbie Ray, Orthopaedic Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust (Representing Novastep Ortho)	
<b>HAND &amp; WRIST 1</b> Session Chairs – Aanchal Jain, Consultant Upper Limb and Trauma, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust Najab Ellahee, Consultant in Trauma & Orthopaedic Surgery, Epsom & St Helier NHS Trust	
11:15	<b>Thumb carpometacarpal osteoarthritis</b> Karthik Karrupiah, Consultant Orthopaedic Surgeon, Kings College Hospital
11:35	<b>Assessment and management of SLAC/SNAC wrist</b> <ul style="list-style-type: none"><li>• Biomechanics and natural history of SLAC and SNAC wrists</li><li>• Management of SLAC and SNAC wrists</li><li>• Technical tips of surgical techniques used to manage SLAC and SNAC wrists</li></ul> Alex Bolt, Hand & Wrist Consultant, University Hospital Wales Cardiff
11:55	<b>Post operative therapy principles and protocols</b> Christy Fowler, Advanced Practice Hand Therapist, Guy's and St Thomas' NHS Foundation Trust
12:10	<b>Wrist OA and Keinboch's</b> Najab Ellahee, Consultant in Trauma & Orthopaedic Surgery, Epsom & St Helier NHS Trust
12:30	Q&A Round
<b>12:40</b>	<b>Lunch and Poster Presentation   One-to-One Networking Meetings</b>

## SHOULDER

Session Chairs – Abhinav Gulihar, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Princess Royal University Hospital Kings College Hospital NHS Foundation Trust  
Nick Little, Consultant Orthopaedic Shoulder and Upper Limb Surgeon, Epsom & St Helier University NHS Trust

### Assessment of Shoulder Instability

13:30

- Why is the shoulder unstable?
- Soft tissue imaging
- Imaging for bone loss

Henry Colaco, Consultant Shoulder & Elbow, Hand & Wrist Surgeon, Candover Clinic

13:45

### Arthroscopic Stabilisation of Anterior Shoulder Instability

Vipul Patel, Medical Director, South West London Elective Orthopaedic Centre

14:00

### Open Bone Transfer for Anterior Shoulder Instability

Joydeep Sinha, Consultant Orthopaedic Surgeon, King's College Hospital NHS Foundation Trust

14:15

### Arthroscopic Bone Transfer for Anterior Shoulder Instability

- Arthroscopic Bone Grafting is Technically Challenging
- Offers Better Visualisation of the Joint
- Outcomes and Recovery the same as Open Surgery

Duncan Tennant, Consultant Orthopaedic Surgeon, St. George's Hospital

14:45

### Management of Posterior Shoulder Instability

Nick Little, Consultant Orthopaedic Shoulder and Upper Limb Surgeon, Epsom & St Helier University NHS Trust

15:00

### Complications of Shoulder Instability

Livio Di Mascio, Consultant Orthopaedic Surgeon in Shoulder, Elbow & Hand, Barts Health NHS Trust

15:15

**Afternoon Refreshments and Coffee Break**

## HIP/KNEE 1

### SESSION CHAIRS – TBC

15:30

### Periarticular Fractures around Knee

Ash Vasireddy, Consultant Trauma Lead and Orthopaedic Surgeon, KCH NHS Foundation Trust

15:45

### Revision Knee Replacement

Alex Charalambous, Consultant Orthopaedic Surgeon, Guy's and St Thomas' NHS Foundation Trust

16:00

### Unicompartmental knee replacement and day case surgery

Luke Jones, Consultant Knee Surgeon, Chelsea and Westminster Hospital NHS Foundation Trust

16:15

### Joint Preservation and Role of Osteotomy

Ragbir Khakha, Consultant Trauma and Orthopaedic Knee Surgeon, Guy's and St Thomas' NHS Foundation Trust



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16:30	<b>Primary Total Hip Replacement and Day Case Surgery</b> Dominic Davenport, Consultant Orthopaedic Surgeon, Princess Royal University Hospital, Princess Royal University Hospital, Bromley
16:45	<b>Complex Primary Total Hip Replacement</b> Tom White, Consultant Orthopaedic Surgeon, Lewisham and Greenwich NHS Trust
17:00	<b>Periprosthetic Fractures</b> Mohit Bansal, Consultant Hip and Knee Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust
17:15	<b>Q&amp;A Round</b>
17:30	<b>Closing remarks by Meeting Chairs</b> Robbie Ray, Orthopaedic Surgeon, Princess Royal University Hospital King's College Hospital NHS Foundation Trust Abhinav Gulihar, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Princess Royal University Hospital, Kings College Hospital NHS Foundation Trust

**Drinks Reception and Networking | End of Day 1**

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## Speaker Biographies



### Tom Lewis

Trauma and Orthopaedic  
Surgery Specialty Trainee,  
NHS

Tom Lewis is a Trauma & Orthopaedic Surgery specialty trainee at King's College Hospital NHS Foundation Trust with a robust research background. He has over 50 peer-reviewed publications and more than 75 international and national presentations across surgery, anatomy, medical education, and mobile health. Tom has earned over 30 international, national, and local prizes and bursaries, including grants exceeding £15,000 to support his research as an undergraduate medical student. He excelled academically, receiving Honours for his MBChB and First Class Honours for his BSc in Physics.



### Venu Kavarthapu

Consultant Orthopaedic Surgeon,  
King's College Hospital, London

Mr Venu Kavarthapu is a Consultant Orthopaedic Surgeon with specialist interest in lower limb orthopaedics. In 2007 the Diabetic Foot Team (of which Mr Kavarthapu was the orthopaedic team member) from King's College Hospital were the winners at the prestigious Hospital Doctor Awards. Mr Kavarthapu qualified from A.P. University of Health Sciences, India before completing his basic surgical and specialist registrar rotation training in the Southeast Thames Region. His sub-speciality training included Minimally Invasive Hip Surgery Fellowship in Los Angeles and a Foot & Ankle Fellowship in London.



### Raju Ahluwalia

Consultant Foot and  
Ankle Orthopaedic Surgeon,  
King's College Hospital, London

Raju Singh Ahluwalia is a Consultant Trauma and Orthopaedic Surgeon, and a holder of the Hunterian Professorship of the Royal College of Surgeons of England (2022-3). This is considered to be one of the proudest honours of the Royal College of Surgeons of England. The Professorship is named after the pioneering surgeon scientist, John Hunter, and is awarded annually for original research of surgical innovations. He follows in the long line of surgeons as such as Joseph Lister, Percival Pott

and Paget, and Lord Darzi to be given this honor. His work was carefully considered by an expert committee and Prof Ahluwalia received the accolade for pioneering work in the field of diabetic foot surgery and clinical decision making undertaken at King's College Hospital, London, and the King's Diabetic Foot Unit.

He worked at the Lister Hospital, London Bridge Hospital and only remains at his current NHS post at King's College Hospital NHS Trust London. His area of specialism includes the complete scope of foot and ankle surgery, limb reconstruction including ankle arthroplasty, and limb salvage and is a current chair of the bone infection meeting.

Raju completed his qualifications at Guys, Kings & St Thomas's Medical School London in 2001 with Bachelor of Science, Bachelor of Medicine and Bachelor of Surgery degrees. He became a Member of the Royal College of Surgeons in 2005 and a Fellow in Trauma and Orthopaedic Surgery in 2011. He gained membership to the Faculty of Sports and Exercise Medicine, Royal College of Surgeons of Edinburgh in 2011, and has published both book chapters and scientific papers on sporting injuries of the foot and ankle.

Additionally, Raju represents his unit at national and international meetings both chairing and lecturing and is interested in research and has published in peer reviewed scientific journal lectured and is an interested researcher and is a co-applicant in a NIHR grant funding project assessing diabetes foot care.

Raju can only be seen in his NHS practice At Kings College London.



### Lucky Jeyaseelan

Consultant Trauma and  
Orthopaedic Surgeon,  
Barts Bone & Joint Health,  
The Royal London Hospital

Mr Lucky Jeyaseelan is a consultant trauma and orthopaedic surgeon. His NHS base is the Barts Health NHS Trust.

He has specialist interests in a wide range of areas including ankle arthroscopy, flat feet deformity, bunions, arthritis, plantar fasciitis, rheumatoid foot, sports injuries, and soft tissue conditions of the foot and ankle. He also treats all acute injuries (including fractures) of the foot and ankle.

Mr Jeyaseelan gained his MBBS from the University of London in 2007 before undertaking training on the Percival Pott Rotation. He has been awarded a number of fellowships



including The Singhal Travelling Fellowship from the British Orthopaedic Association and an AO specialist trauma fellowship. Additionally, he has worked at notable hospitals including Great Ormond Street Hospital and the Royal National Orthopaedic Hospital. He has a keen interest in research and has a number of peer-reviewed publications to his name. He also delivers international lectures and has contributed to speciality textbooks in his field of expertise.

Outside of the hospital, Mr Jeyaseelan enjoys spending time with his young family and keeping up with the latest sporting events.



### Francesc Malagelada

Consultant Orthopaedic Surgeon,  
**Barts Health NHS Trust**

Mr Francesc Malagelada is a leading consultant trauma and orthopaedic surgeon based in London. He treats foot and ankle disorders, specialising in sports injuries, fractures, arthritis, joint replacements and bunions. He provides trusted non-surgical and surgical treatments that best suit each patient and their lifestyle. When appropriate, he performs arthroscopy (keyhole) or minimally invasive surgery using the latest techniques that provide faster recovery and almost unnoticeable scars.

After having qualified from the University of Barcelona medical school in 2005, Mr Malagelada undertook his trauma and orthopaedics training in Spain and the UK at some of the most prestigious institutions including the Royal National Orthopaedic Hospital and The Royal London Hospital.

Mr Malagelada later completed a British Orthopaedic Foot and Ankle Society fellowship in Windsor. He was awarded the esteemed ESSKA-AFAS international fellowship aimed at young promising orthopaedic surgeons in the field of foot and ankle.

Since 2017 Mr Malagelada has been practising as a consultant at The Royal London Hospital, where he joined a team of world-renowned orthopaedic surgeons. He is an avid researcher, and his work has been published in highly regarded international journals and textbooks. Mr Malagelada's research is primarily in the field of minimally invasive surgery, which culminated in a PhD which was awarded the highest 'Cum Laude' distinction.



### Robbie Ray

Orthopaedic Surgeon,  
**Princess Royal University Hospital,  
King's College Hospital NHS  
Foundation Trust**

Mr Ray is double international fellowship trained in Sydney, Australia and Toronto, Canada. He won the prestigious BOFAS Gold fellowship award for his time in Sydney. He initially worked as consultant foot and ankle surgeon at the world renowned St George's Hospital major trauma centre. He has moved his NHS practice to Kings College Hospital Foundation trust to develop and modernise the elective foot and ankle service at the South sites.

Mr Ray has some of the most advanced training in minimally invasive surgery amongst UK surgeons and endeavours to deliver high quality, safe, modern treatments to his patients.



### Tom Cornish

Clinic Director and Specialist  
Musculo-Skeletal Osteopath,  
**PUREFORM CLINIC**

Tom graduated as an Osteopath from the British School of Osteopathy after completing a 4-year degree course in Osteopathy. He graduated with Distinction having been awarded the Principals Prize for Clinical Excellence and the Technique Prize. The Technique Prize is a prestigious award given to the top student. It recognises excellence in the learning, skill and application of osteopathic manipulative techniques. Tom's particular interest and expertise is with sports and fitness related injuries. He has a special interest in tennis injury and regularly treats players in the Men's and Women's ATP tours.

His patients include full time athletes, professional boxers, triathletes, body builders, cricketers, footballers and rugby professionals. Having played sport at a high level himself enables Tom to bring real insight into the need to keep your body on top form to compete. This includes recent completion of ironman distance triathlon and ultra distance running races. Tom attends and provides care at professional sporting events including Boxing and Muai Thai Boxing.

Tom works with Orthopaedic and Neurological Consultants at London Bridge Hospital in London and BMI Sloane Hospital in Beckenham. He is a regular observer in the operating theatre ensuring he keeps up to date with the latest developments in orthopaedic and neurological care and techniques. For two years Tom also ran an in-house osteopathy clinic for Marks and Spencer at their flagship Bluewater store. This gave him a valuable insight into the demands of the corporate environment.



Pureform Clinic has expanded in 2016, with a new full time consulting space at David Lloyd Beckenham, in addition to the spaces at Breeze Yoga and Bromley South. Patients can now access experienced and expert Osteopaths, Physiotherapists and Sports Massage Therapists within one clinic.



### Liam Stapleton

Specialist in Podiatric Sports Medicine,

**Harley Street Specialist Hospital, London**

Mr Stapleton is a Specialist in Podiatric Sports Medicine, his extended scope includes prescription only Medicine, a variety of injection therapies, MSK sonography, shock wave therapy, nail and minor skin surgery and ultrasound imaging, with special interest biomechanics and gait analysis.

Mr Stapleton graduated from University of Brighton in 2005 during its period as the Centre of Excellence for Podiatry in the UK, and was among the first 6 Podiatrists nationwide to gain the coveted PGc in Podiatric Sports Medicine from Queen Mary University of London. He currently holds PGdip in theory of Podiatric surgery from Glasgow Caledonian University, and recently received a Diploma of membership to the faculty of Podiatric Medicine at the Royal College of Physicians & Surgeons of Glasgow.



### Amit Patel

Consultant Trauma & Orthopaedic Surgeon (Foot & Ankle),

**Barts NHS Trust**

Mr Amit Patel graduated from Southampton Medical School in 2003, did a one-year Internship at Southampton University General Hospital and entered into a Surgical Training Programme at Southampton Teaching Hospitals. He achieved Membership into The Royal College of Surgeons in 2006 and successfully completed his surgical training in 2007. He then entered Higher Surgical Training on The Stoke/Oswestry Orthopaedic training program. He became a Fellow of The Royal College of Surgeons in 2013 and proceeded to do a Fellowship at The Exeter Knee Reconstruction Unit before taking a Consultant post in Trauma and Orthopaedics at The Royal Stoke University Hospital.

Mr Patel is a specialist in Hips and Knees and treats conditions ranging from sports injuries to degenerative joint disease and inflammatory arthritis. He treats knee pain, instability, stiffness, locking, giving way and swelling. He performs 'conservative' knee surgery so patients can

keep their own joints for longer by restoring cartilage defects when possible, and performing realignment surgery to address mechanical malalignment that predisposes to earlier joint degeneration.

Operations that he performs include; knee 'keyhole' surgery, ligament reconstruction, patella realignment surgery for degenerative disease and instability, lower limb realignment surgery (tibial and femoral osteotomy), cartilage regeneration surgery, knee replacement surgery (computer aided and patient specific technology), unicompartmental and patellofemoral replacement and primary hip replacement, surgery. Mr Patel also performs platelet rich plasma (PRP) therapy and specialises in sports injuries. He has a team of physiotherapists that work very closely with him to help get you back to your previous activities. Patients should be reassured that after consultation they will have a treatment plan tailored specifically to their needs.

Mr Patel has a commitment to teaching at both a national and international level. He is actively involved in Undergraduate teaching of Keele Medical Students and the Postgraduate training of Higher Surgical Trainees. He is on the selection panel for the recruitment of Higher Surgical Trainees and on the appraisal panel for the Stoke/Oswestry Orthopaedic Registrars.

Mr Patel is a passionate Surgeon and Father. He feels privileged to live in Staffordshire. He is a keen skier and enjoys swimming, cycling and going to the gym. Having sustained sports related Knee Injuries himself he understands what it is like to be a patient.



### Aanchal Jain

Consultant Upper Limb and Trauma,

**Princess Royal University Hospital, King's College Hospital NHS Foundation Trust**

Aanchal Jain is a Consultant Hand and Wrist surgeon at the Princess Royal University Hospital. She qualified from Imperial College London and went on to complete her specialist training on the Southwest London rotation. She has completed fellowships at prestigious institutions such as Queens Medical Centre, Nottingham and the Pulvertaft Hand Unit, Derby. Ms Jain is active in medical education and is a member of faculty on several eminent national courses for surgeons. She has written book chapters, published in peer reviewed journals and presented her work both nationally and internationally.





### **Najab Ellahee**

Consultant in Trauma & Orthopaedic Surgery,

**Epsom & St Helier NHS Trust**

Najab Ellahee has been a hand & wrist surgeon at Epsom & St Helier NHS Trust for 15 years. As an early convert to the benefits of hand and wrist arthroplasty, he has gained extensive experience using a variety of implants, with a large cohort of patients passing beyond a decade with successful outcome following joint replacement surgery. Having trained several surgeons in the region, Najab has established a local network around SW London and Surrey, with a tertiary service at SWLEOC



### **Karthik Karrupiah**

Consultant Orthopaedic Surgeon,

**Kings College Hospital**

Mr Karuppaiah is a consultant and academic who works with Kings College Hospital in London. He completed his higher training in shoulder, elbow, hand, and wrist surgeries in 2014 and has since treated multiple injured patients and managed various orthopaedic conditions that affect the upper limb. He is an expert in evaluating and managing sports injuries, arthritis, nerve, and tendon problems. Mr Karuppaiah provides tertiary referral service for complex upper-limb injuries. He received his orthopaedic training at Kings College Hospital, London and Ganga Hospital, India.

Mr Karuppaiah obtained master's degrees in orthopaedics from Teesside University, UK and Madras Medical College, India. His research interest is in upper-limb research, and his research efforts have been recognised nationally and internationally. He has over 25 articles published in peer-reviewed, indexed journals, and his research work is cited by many authors, journals and orthopaedic textbooks. As an academic, Mr Karuppaiah frequently lectures at national and international conferences and training courses. He teaches modern orthopaedic techniques to trainees from SE Thames Orthopaedic rotation and undergraduate students at Guys, Kings, and St. Thomas Medical Schools.

Mr Karuppaiah is a faculty member in Kings FRCS intense revision course - Hand Surgery FRCS (Orth) revision course and Medway Upper-limb course. He is also a clinical and educational supervisor for foundation year and specialty training doctors. He belongs to the editorial board and reviews a variety of international scientific orthopaedic journals. He is a fellow of the Royal College of Surgeons.



### **Alex Bolt**

Hand & Wrist Consultant,

**University Hospital Wales Cardiff**

Alex graduated from Keele University with Honours in 2010, obtaining the Nigel Eastwood prize for best performance in the final year exams. His postgraduate Trauma & Orthopaedic training was completed in 2019 on the Oswestry Stoke-on-Trent rotation of the West Midlands deanery, followed by a TIG fellowship in Oxford and further fellowship at the Birmingham Hand Centre. He obtained his FRCS (Tr&Orth) in 2019, the European Hand Surgery Diploma in 2020 and the British Hand Surgery Diploma in 2021 where he was awarded the Vivien Lees Gold medal. His consultant career began at the Birmingham Hand Centre in 2022 but later that year he was appointed at the Pulvertaft Hand Centre in Derby. In 2024 he was made an honorary consultant at the Pulvertaft and moved his consultant practice to the University Hospital of Wales in Cardiff. Alex has a specialist interest in hand and wrist trauma and an elective interest in complex wrist surgery and arthroplasty. He is a reviewer for the European Journal of Hand Surgery and provides education as a British hand diploma tutor. He is a member of faculty on hand and wrist fracture fixation and arthritis courses teaching at national and international events.



### **Christy Fowler**

Advanced Practice Hand Therapist,

**Guy's and St Thomas' NHS Foundation Trust**

Christy started her career as a Hand Therapist in Australia before relocating to the United Kingdom in 2010. Prior to relocating to the UK Christy began her passion for Hand Therapy at the Canberra Hospital, Canberra, Australia.

Christy worked as a clinical specialist hand therapist working within the private sector at the London Hand and Wrist Unit for 9 years, developing her interest in wrist rehabilitation and congenital paediatric hand conditions. During this time she completed a Masters in Advancing Clinical Practice at the University of Ulster.

In 2020 Christy joined the team at Guy's and St Thomas NHS Foundation Trust to take up a post as an Advanced Clinical Practice Hand Therapist.

Christy's passion for hand therapy lies not only in the clinical aspect of the profession but also in the growth and development of the profession. She was a member of the British Association of Hand Therapists (BAHT) executive committee between 2016 and 2022. During this time, she held the post of chair for 3 years. Most recently she was the host organisation therapy chair for the International Federation of Societies for Hand Therapy and Surgery (IFSHT/IFSSH) congress held in London in 2022.





### **Abhinav Gulihar**

Consultant Orthopaedic Surgeon  
(Upper Limb and Trauma),

**Princess Royal University Hospital,  
Kings College Hospital NHS  
Foundation Trust**

Abhi Gulihar is a fellowship trained orthopaedic surgeon specialising in surgery of the shoulder, elbow, wrist and hand. He has a special interest in shoulder replacement surgery and the management of sports injuries. Abhi believes in evidence based practice whilst utilising the latest techniques, with an emphasis on patient centred care.

Abhi completed his specialist orthopaedic training in East Midlands and Kent, Surrey and Sussex and then went on to do fellowships at the South West London Elective Orthopaedic Centre and the European Arthroscopy Fellowship. He has also taken the opportunity to visit several experts in Shoulder surgery in Europe and USA to learn the latest advances and techniques. He now has a busy NHS practice at the Kings College Hospital NHS trust managing routine and complex conditions and injuries of the upper limb.



### **Nick Little**

Consultant Orthopaedic Shoulder  
and Upper Limb Surgeon,

**Epsom & St Helier University NHS  
Trust**

Nicks' areas of special interest are from the shoulder to the hand, He has particular interest in rotator cuff disease, total shoulder replacement including reverse geometry, sports injuries of the shoulder and elbow and upper limb fractures/ trauma. Together with Dr Selvi Pathma, he has introduced 'Awake' shoulder surgery to Epsom and Ashtead allowing patients to go home quickly after surgery without the risks of general anaesthetic.



### **Henry Colaco**

Consultant Shoulder & Elbow,  
Hand & Wrist Surgeon,

**Candover Clinic**

Henry Colaco is an award-winning consultant orthopaedic surgeon specialising in shoulder, elbow, hand and wrist procedures. He holds numerous prestigious positions and dedicates his time to researching new surgical innovations.



### **Vipul Patel**

Medical Director,

**South West London Elective  
Orthopaedic Centre**

Mr Patel is one of the most experienced shoulder and elbow surgeons in the Greater London area. Mr Patel offers treatment for almost the entire spectrum of disorders of the shoulder and elbow, using state of the art techniques. He also treats common hand conditions. For common shoulder and elbow conditions Mr Patel endeavors to offer a one-stop clinic - with clinical assessment, ultrasound examination and treatment with injections where appropriate at the first visit. Mr Patel has extensive experience in arthroscopy, shoulder replacement surgery as well as shoulder and elbow trauma.



### **Joydeep Sinha**

Consultant Orthopaedic Surgeon,  
**King's College Hospital NHS  
Foundation Trust**

Dr Sinha is a Consultant Orthopaedic Surgeon with specialist in interest in shoulder and upper limb surgery. His private practice is based in the Guthrie Clinic at King's College Hospital London, where he was appointed in 1996. He qualified from the University of Manchester in 1985 and trained in London, Seattle and New York before his appointment at King's.



### **Duncan Tennant**

Consultant Orthopaedic Surgeon,  
**St. George's Hospital**

Mr Tennent qualified in 1992 from St Bartholomew's Hospital, and trained at the Royal Orthopaedic Hospital, Stanmore. He also undertook a fellowship in Virginia, USA, and was appointed a consultant orthopaedic surgeon at St George's in 2003. In addition, he is an Honorary Reader in Orthopaedics at St George's University of London & Director of Medical Education at the South West London Elective Orthopaedic Centre (SWLEOC).

Mr Tennent's career highlights have included obtaining a patent for the tightrope acromioclavicular joint stabilisation technique and writing the Atlas of Arthroscopic Techniques as well as over 30 book chapters and multiple publications.





### **Livio Di Mascio**

Consultant Orthopaedic Surgeon in  
Shoulder, Elbow & Hand,

**Barts Health NHS Trust**

Mr Livio Di Mascio is a leading orthopaedic surgeon with a special interest in upper limb sports injuries, arthroscopic shoulder surgery for impingement and cuff tear, and arthroscopic shoulder reconstruction for instability. Mr Di Mascio graduated from the Royal Free School of Medicine in 1999 and obtained his Fellowship in Surgery in 2004 before working as a trauma fellow at the Royal London Hospital. It was in 2005 that he entered higher surgical training in trauma and orthopaedics on the prestigious Percival Pott training program and trained in hospitals including Barts, Princess Alexandra Harlow, the Norfolk and Norwich and the Royal National Orthopaedic Hospital. Mr Livio completed a year fellowship in the Brisbane upper limb and hand unit, Australia. Here he developed his expertise in upper limb arthroscopic techniques, complex arthroplasty and elective and traumatic disorders of the upper limb. Mr Di Livio currently practices at St Bart's and Royal London teaching hospital.



### **Ash Vasireddy**

Consultant Trauma Lead and  
Orthopaedic Surgeon,

**KCH NHS Foundation Trust**

Mr Vasireddy is a fellowship trained Orthopaedic Trauma Surgeon specialising in the management of complex lower limb, pelvis, acetabulum and upper limb fractures. He works as a full-time 100% Orthopaedic Trauma Surgeon at King's College Hospital (Major Trauma Centre) in London. He is only one of two full time Orthopaedic Trauma Surgeons in London.

He completed his medical degree at Guy's, King's & St. Thomas' School of Medicine. After medical school and the completion of Basic Surgical Training, he was appointed to the South East Thames Trauma & Orthopaedic Rotation. He completed further specialist Orthopaedic Trauma training at The Royal London Hospital and Orthopaedic Trauma Fellowships at Queen's Medical Centre in Nottingham (under Prof Moran) and at King's College Hospital in London. In addition, he has also completed Travelling Fellowships in the USA and has worked at Shock Trauma Centre (Baltimore), Harborview Medical Centre (Seattle), Massachusetts General Hospital (Boston) and MetroHealth Medical Centre (Cleveland).

Mr Vasireddy is one of a handful of surgeons who also works as a Pre-hospital Care Doctor. In this role, he continues to work as a current Pre-Hospital Care Consultant on the Regional Air Ambulance Service and is the research lead for this organisation.



### **Alex Charalambous**

Consultant Orthopaedic Surgeon,

**Guy's and St Thomas' NHS  
Foundation Trust**

Mr Alex Charalambous is a Consultant Trauma and Orthopaedic surgeon with a specialised focus on hip and knee surgery. His main interests include partial, total, and revision knee replacements.

Mr Charalambous earned his MBChB degree from the University of Bristol in 2010. During this time, he also obtained a BSc with First Class Honours in Human Musculoskeletal Science. His professional career began with foundation training in London and subsequent specialty training on the Royal London Hospital training programme. This involved experience in several highly regarded Orthopaedic units dealing with a variety of trauma and orthopaedic pathology in a diverse group of patients.

Mr Charalambous continued to expand his expertise with an international fellowship in Arthroplasty and Lower Extremity Reconstruction. This was undertaken with the University of Toronto as part of the Sunnybrook Holland Bone and Joint Program, one of the highest volume arthroplasty units in North America. This experience shaped his current practice by allowing him to identify key elements that improve patient safety, reduce length of stay and optimise outcomes following hip and knee replacement. He has presented and published on his work internationally.

On his return to the UK, Mr Charalambous undertook further fellowship training at the Nuffield Orthopaedic Centre in Oxford. As one of the leading revision centres in the UK, this has given him the experience to offer patients high standards of care in the full spectrum of knee replacement surgery. He continued here as a consultant, where he was involved in the teaching and training of medical students from the University of Oxford.

Mr Charalambous continued his consultant practice at Guy's and St Thomas' NHS Foundation Trust where he was subsequently appointed to a full time post. As one of the country's leading teaching hospitals and a tertiary referral centre, Mr Charalambous is able to offer patients treatment for a variety of hip and knee conditions.

His commitment to patient care, teaching and medical research has continued throughout his career. Mr Charalambous is actively involved in clinical research and in supervising junior trainees. He has extensive experience in simulation training and is a faculty member for the Advanced Trauma Life Support course of the Royal College of Surgeons.





### Luke Jones

Consultant Knee Surgeon,  
**Chelsea and Westminster Hospital  
NHS Foundation Trust**

Luke is a Consultant Knee Surgeon practising at Chelsea and Westminster Hospital NHS Foundation Trust, and the Lister Hospital, Chelsea. He runs a high-volume bespoke specialist knee practice that deals with all aspects of knee surgery from minor sports injuries to complex joint reconstructions. His patient centred; data-driven approach means treatment plans are focused on each patient's individual needs.



### Raghbir Khakha

Consultant Trauma and Orthopaedic  
Knee Surgeon,  
**Guy's and St Thomas' NHS  
Foundation Trust**

Mr Raghbir Khakha is a Consultant Orthopaedic Surgeon with a specialist interest in sports knee injuries and knee osteoarthritis. He is internationally recognised for his work in disorders of the knee in developing cutting edge techniques and lectures around the globe. Mr Khakha's practice focuses solely on the knee and routinely performs minimally invasive surgery including joint preservation surgery, ligament reconstruction, partial and total knee replacement surgery.



### Dominic Davenport

Consultant Hip and Knee Surgeon,  
**Princess Royal University Hospital,  
King's College Hospital NHS  
Foundation Trust**

Mr Dominic Davenport is a Consultant Orthopaedic surgeon who specialises in hip and knee surgery and management of lower limb injuries.

Dominic qualified from Guy's, King's and St. Thomas' Medical School and completed higher surgical training in Trauma and Orthopaedic Surgery in South London, including rotations at Guy's and St Thomas' Hospitals, St. George's Hospital and South West London Elective Orthopaedic Centre (SWLEOC). He completed a Master's degree in Sports and Exercise Medicine at the University of Bath and then two specialist fellowship posts, learning advanced techniques in knee surgery at Guy's Hospital and in hip surgery at the Royal Bournemouth Hospital

He has a particular interest in hip and knee replacement including partial knee replacement and his current research activities include management of hip dysplasia, day-case hip and knee surgery, and optimisation of patients' health prior to joint replacement surgery. He has published widely in major Orthopaedic journals and regularly attends and presents at national and international conferences keeping up to date with the latest techniques. He has a passion for education, winning several awards for designing and delivering Orthopaedic training in the region, and has published journal articles and a textbook to assist medical students and junior doctors in their Orthopaedic training.

Dominic focuses on a personalised, patient-centred approach to treatment and offers both non-operative and operative treatments for a wide variety of hip and knee problems in adult patients of all age groups.



### Tom White

Consultant Orthopaedic Surgeon,  
**Lewisham and Greenwich NHS  
Trust**

Mr Thomas White is a Consultant Orthopaedic Surgeon and is a Specialist in surgery of the Hip and Knee. After qualifying from Bristol Medical School in 2005 he completed his postgraduate training at various prestigious central London teaching hospitals, before undertaking two internationally recognised sub-specialist fellowships in complex hip and knee surgery. He spent six months as the 'Pelvic and Arthroplasty fellow' at St Georges Hospital, a major tertiary referral centre for pelvic trauma and complex revision hip and knee replacements. He then moved to Perth, Western Australia to undertake the internationally accredited 'Allograft Fellowship', learning the latest techniques in primary and revision hip and knee surgery at the two busiest orthopaedic units in Western Australia.

On his return from Australia Mr White was appointed as Consultant Orthopaedic Surgeon to Lewisham and Greenwich NHS Trust. Since his appointment in 2018 he has quickly established a busy hip and knee arthroplasty practice and is Lead for Revision Hip and Knee Surgery. He regularly collaborates with colleagues at other hospitals in the regional network. In 2020 he was appointed Honorary Consultant at Guys and St Thomas's NHS Foundation Trust, where he operates on complex cases.

Mr White also maintains a busy trauma practice at University Hospital Lewisham where he specialises in complex fractures of the hip and knee. He was appointed Lead for Clinical Governance in 2018 and Lead for Trauma in 2020.



Mr White has a keen interest in education. He supervises the training of medical students, junior doctors and consultant orthopaedic surgeons in training and is regularly invited to teach on Royal College fellowship training courses. He has published extensively in the orthopaedic literature, and presents his work nationally and internationally.



## **Mohit Bansal**

Consultant Hip and Knee Surgeon,  
**Princess Royal University Hospital,  
King's College Hospital NHS  
Foundation Trust**

Mr Bansal is a Consultant Orthopaedic Surgeon specializing in hip and knee surgery. He has a special interest in treating wide range of hip and knee conditions including arthritis, sports injuries, and trauma. He has expertise not only in joint replacement for arthritic condition but also in joint preservation procedures such as partial knee replacement, osteotomies, and chondral procedures. Being a sports person himself, he gets immense gratification in treating patients with sports injuries. He is also extremely proficient in managing traumatic injuries of lower limbs.



# Day 2



14<sup>th</sup> June 2024

08:15	<b>Registration</b>
08:55	<b>Robbie Ray</b> , Orthopaedic Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust <b>Abhinav Gulihar</b> , Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Princess Royal University Hospital, Kings College Hospital NHS Foundation Trust
<b>FOOT &amp; ANKLE 2</b> Session Chairs – <b>Robbie Ray</b> , Orthopaedic Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust - TBC	
09:00	<b>The Management of Foot and Ankle Injuries in Athletes (Principles and Techniques)</b> <ul style="list-style-type: none"><li>• Understanding how far we've come in foot and ankle, moving away from old principles</li><li>• How to get the best outcomes from foot and ankle injuries in a sporting patient</li><li>• Novel techniques in soft tissue reconstructions after sporting injuries (Achilles, syndesmosis, lisfranc, multi ligament reconstruction)</li></ul> <b>Ed Gee</b> , Consultant Foot and Ankle Surgeon, Salford Royal Foundation Trust
09:10	<b>Ankle Replacement - Does it Work?</b> <b>Razi Zaidi</b> , Orthopaedic Consultant, NHS
09:20	<b>Advanced Application of Shockwave Therapy in Foot and Ankle Pathologies</b> <b>Benoy Matthews</b> , Specialist Physiotherapist - Lower Limb (Extended Scope Practitioner), NHS England
09:30	<b>Biologics &amp; Ultrasound: MSK Clinicians Perspective</b> <b>Suresh Sudula</b> , Musculoskeletal Specialist & Consultant Physiotherapist, MSK Ultrasound & MSK I Regenerative Medicine
09:40	<b>Apophysitis syndromes in the adolescent: the beginning, middle and end?</b> <ul style="list-style-type: none"><li>• Effective treatment for Osgood-Schlatter's and Sever's diseases (Strickland Protocol)</li><li>• Risk factors and possible causes</li><li>• Prevention</li></ul> <b>Jenny Strickland</b> , Principal Physiotherapist, Bodyworks Sports Injury & Physiotherapy
09:50	<b>The Minimally Invasive Treatment of Bunionette Deformities</b> <b>Robbie Ray</b> , Orthopaedic Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust
10:00	<b>Q&amp;A Round</b>



## HAND & WRIST 2

Session Chairs – Aanchal Jain, Consultant Upper Limb and Trauma, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust  
Najab Ellahee, Consultant in Trauma & Orthopaedic Surgery, Epsom & St Helier NHS Trust

10:15 **Scapholunate instability**  
Shamim Umarji, Clinical Director for Surgery, Consultant Trauma & Orthopaedic Surgeon, St George's NHSFT, London

10:30 **Perilunate dislocation**  
Ravi Mallina, Consultant Hand Surgeon, Croydon Health Services NHS Trust

10:45 **Ulnar sided wrist pain and DRUJ instability**  
Ramon Tahmassebi, Hand Wrist and Elbow Surgeon, Cleveland Clinic London

11:15 **Hand Therapy TFCC Rehab**  
Jennifer Parr, Specialist Hand Therapist & Hands Service Lead, Six Physio

**11:30 Morning Refreshments and Coffee Break**

## ELBOW

Session Chairs – Kishan Gokaraju, Consultant Upper Limb and Trauma, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust  
Abhinav Gulihar, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Princess Royal University Hospital, Kings College Hospital NHS Foundation Trust

11:45 **Biceps & Triceps Injuries**  
Abhinav Gulihar, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Kings College Hospital NHS Foundation Trust

12:00 **Tennis & Golfers Elbow (Lateral & Medial Epicondylitis)**

- Differentials are common! Assess patients carefully to exclude them.
- Present the evidence to patients- Steroid injections may increase symptoms in the longterm.
- National Guidelines produced by BESS provide a clear evidence based approach to management.

Andrew Wright, Consultant Elbow & Shoulder Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust

12:15 **Elbow Stiffness**  
Andrew White, Consultant Shoulder & Elbow Surgeon, Peterborough City Hospital

12:30 **Elbow Arthritis & Arthroplasty**  
Sam Vollans, Consultant Shoulder & Elbow Surgeon, Leeds Teaching Hospitals NHS Trust

12:45 Lunch and Poster Presentation | One-to-One Networking Meetings

13:45 **Elbow Instability - Mechanism & Assessment**  
Lee Van Rensburg, Consultant Shoulder & Elbow Surgeon, Cambridge University Hospitals NHS Foundation Trust



14:00 **Elbow Instability – Management**  
• Elbow Instability  
• Ligament repair and Reconstruction  
• Arthroscopic and Open Techniques  
**Roger van Riet, Elbow Surgeon, AZ Monica, Antwerp**

14:15 **Radial Head Fractures**  
**Amjid Ali, Consultant Shoulder and Elbow Surgeon, Sheffield Teaching Hospitals NHS Trust**

14:30 **Olecranon Fractures**  
**Joideep Phadnis, Consultant Elbow & Shoulder Surgeon, University Hospitals Sussex NHS Foundation Trust**

**HIP/KNEE 2  
SESSION CHAIRS – TBC**

14:45 **Research Topics in Compartmental Knee Replacement**  
**Amy Garner, Consultant Orthopaedic and Trauma Surgeon, Exeter Knee Reconstruction Unit**

15:00 **Meniscal surgery including meniscal transplant**  
**Jonathan Bird, Consultant Knee Surgeon, University Hospital Lewisham**

15:15 **Physio Rehab after Soft Tissue Knee Surgery and Return to Sport**  
**Tash Gale, Specialist MSK Physiotherapist, Complete Physio**

15:30 **Revision hip, Oncology Perspective**  
**Jerome Davidson, Consultant Trauma & Orthopaedic Hip Surgeon, Guy's and St Thomas' NHS Foundation Trust**

15:45 **Robotic Knee Surgery**  
**Asif Parkar, Consultant Orthopaedic Surgeon, BHRUT NHS Trust, Romford**

16:00 **Revision Hip**  
**Zameer Shah, Consultant Orthopaedic Surgeon, Guy's and St. Thomas' NHS Foundation Trust**

16:15 **Closing remarks by Chairperson**  
**Robbie Ray, Orthopaedic Surgeon, Princess Royal University Hospital, King's College Hospital NHS Foundation Trust**  
**Abhinav Gulihar, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), Princess Royal University Hospital, Kings College Hospital NHS Foundation Trust**

**END OF CONFERENCE**

## Speaker Biographies



### Robbie Ray

Orthopaedic Surgeon,  
**Princess Royal University Hospital,  
King's College Hospital NHS  
Foundation Trust**

Mr Ray is double international fellowship trained in Sydney, Australia and Toronto, Canada. He won the prestigious BOFAS Gold fellowship award for his time in Sydney. He initially worked as Consultant foot and ankle surgeon at the world renowned St George's Hospital major trauma centre. He has moved his NHS practice to Kings College Hospital Foundation trust to develop and modernise the elective foot and ankle service at the South sites.

Mr Ray has some of the most advanced training in minimally invasive surgery amongst UK surgeons and endeavours to deliver high quality, safe, modern treatments to his patients.



### Abhinav Gulihar

Consultant Orthopaedic Surgeon  
(Upper Limb and Trauma),  
**Princess Royal University Hospital,  
Kings College Hospital NHS  
Foundation Trust**

Abhi Gulihar is a fellowship trained orthopaedic surgeon specialising in surgery of the shoulder, elbow, wrist and hand. He has a special interest in shoulder replacement surgery and the management of sports injuries. Abhi believes in evidence based practice whilst utilising the latest techniques, with an emphasis on patient centred care.

Abhi completed his specialist orthopaedic training in East Midlands and Kent, Surrey and Sussex and then went on to do fellowships at the South West London Elective Orthopaedic Centre and the European Arthroscopy Fellowship. He has also taken the opportunity to visit several experts in Shoulder surgery in Europe and USA to learn the latest advances and techniques. He now has a busy NHS practice at the Kings College Hospital NHS trust managing routine and complex conditions and injuries of the upper limb.



### Ed Gee

Consultant Foot  
and Ankle Surgeon,  
**Salford Royal Foundation Trust**

Mr Edward Gee is a UK trained Consultant Trauma and Orthopaedic Surgeon specialising in foot and ankle surgery.

His wide scope of practice encompasses all aspects of foot and ankle conditions, including minor and major trauma, sports injuries, arthritic conditions of the foot and ankle, instability of the ankle, bunions, painful toes, plantar fasciitis, mortons neuromas and deformities of the feet such as flat feet and high arches. He has a specialist interest in treating sporting professionals and recreational athletes and performing cutting edge techniques in joint preservation and ligament reconstruction.



### Razi Zaidi

Orthopaedic Consultant,  
**NHS**

Razi Zaidi qualified from St'Georges Hospital Medical School in 2005. After completing foundation and core surgical training he worked as orthopaedic registrar before undertaking an MD based at the RNOH. His research is focused on the outcome of ankle replacement surgery which he has looked at using meta-analysis, qualitative studies and most recently is analysing National Joint Registry and Hospital Episodes Statistics linked data analysis.



### Benoy Matthews

Specialist Physiotherapist - Lower  
Limb (Extended Scope Practitioner),  
**NHS England**

Prior to training as a Physiotherapist Glen worked in the fitness industry as a trainer for gyms and sports teams. He qualified as a Physiotherapist from the University of Keele in 2005. He spent his first 2 years working for a busy MSK private clinic in Iceland, before returning to the NHS and completing his MSc in Neuromusculoskeletal Physiotherapy at the University of Hertfordshire.

Since then he has worked primarily in private clinics and sports injury clinics in and around the London area and opened his first clinic, Hemel Physio, based in Hertfordshire in 2013. At his Clinics he has treated Olympic level athletes



and professional sportsmen. A large percentage of his private caseload is made up of recreational and club level endurance runners, particularly marathon runners.

Glen's main passions are manual therapy, functional movement screening, injury prevention and exercise prescription. He has mentored and trained many therapists in manual therapy and is involved in the creation and development of strengthphysio.com, an online CPD training portal for physiotherapists, personal trainers and health professionals.

Glen has a particular interest in the lower limb and started teaching on evidence based injury prevention in runners, integrating strength and conditioning with the rehab of runners and Assessment and treatment of the Hip in 2012 through Physio UK.

Glen got into Physiotherapy after the care he received following a back injury when he was a teenager. It was this experience that inspired not only his career but a love of exercise that he maintains to this day. He lives in the local area with his wife and young sons.



### Suresh Sudula

Musculoskeletal Specialist & Consultant Physiotherapist,  
**MSK Ultrasound & MSK I Regenerative Medicine**

Suresh has specialised in Musculoskeletal Medicine for the last 15 years, during this time he has gained a Diploma in Orthopaedic Medicine, Injection therapy and more recently a Postgraduate certificate in musculoskeletal ultrasound from Canterbury Christ Church University.

He is the first physiotherapist to hold formal qualifications in both Independent prescribing and MSK ultrasound in the UK.

Suresh has a unique combination of extended scope skills allowing him to perform diagnostic and interventional MSK ultrasound.

Mr. Sudula currently works at The Radiology department at Medway Maritime Hospital as a Consultant Physiotherapist in Diagnostic & Interventional Musculoskeletal Ultrasound.

Suresh is the first physiotherapist from UK to obtain a visiting fellowship at Thomas Jefferson University Hospital Radiology department, which is an internationally acclaimed institution for its work on MSK Ultrasound. Currently Suresh sits on the Education Committee of European Society of Shoulder and Elbow Rehabilitation

(EUSSER) as a board member. He is also a peer reviewer for Journal of Ultrasound in Medicine (JUM). Suresh is a visiting lecturer at Canterbury Christ Church University MSK Ultrasound PG Cert programme and also frequently teaches on national and international MSK US courses and musculoskeletal society conferences. Suresh is also the programme director for MSK Medicine and MSK Ultrasound fellowship at Medway Community Healthcare in Gillingham Kent.



### Jenny Strickland

Principal Physiotherapist,  
**Bodyworks Sports Injury & Physiotherapy**

Jenny was trained and hand-reared in New Zealand, qualifying as a Physiotherapist in 1984. She has lived in Kent since 1992 and previous experience includes working at Greenwich and Westhill Hospitals and Crystal Palace National Sports Centre. She established Bodyworks Sports Injury & Physiotherapy Clinic in 1995 in Dartford, with a second clinic based at the University of Greenwich School of Science in Chatham in 2005.

Jenny is also a Senior Lecturer in Sports Science at the University of Greenwich where she teaches Functional Anatomy & Biomechanics, and Movement Science & Injury to Sports Science students. She is also a visiting lecturer to the Queen Mary's University Post-Graduate Masters in Sports Medicine course for Doctors and Physiotherapists, and Consultant Physiotherapist to a number of Premier League and other Football Clubs, including Crystal Palace, Arsenal, Brentford, Brighton & Hove, Crawley Town.

She is also studying for her PhD and researching the series of apophysitis injuries that affect sporting adolescents, including Osgood-Schlatter's disease and Sever's disease. Jenny has discovered a pioneering method to treat these troublesome conditions in a vastly shortened time scale and has published academic research articles and a book describing her successful protocol for treatment. She continues to investigate improvements to her protocol and disseminates her findings to a wide variety of academic conferences and seminars for Doctors and Physiotherapists.





### **Aanchal Jain**

Consultant Upper Limb and Trauma,  
**Princess Royal University Hospital,  
King's College Hospital NHS  
Foundation Trust**

Aanchal Jain is a Consultant Hand and Wrist surgeon at the Princess Royal University Hospital. She qualified from Imperial College London and went on to complete her specialist training on the Southwest London rotation. She has completed fellowships at prestigious institutions such as Queens Medical Centre, Nottingham and the Pulvertaft Hand Unit, Derby. Ms Jain is active in medical education and is a member of faculty on several eminent national courses for surgeons. She has written book chapters, published in peer reviewed journals and presented her work both nationally and internationally.



### **Najab Ellahee**

Consultant in Trauma & Orthopaedic  
Surgery,  
**Epsom & St Helier NHS Trust**



### **Ravi Mallina**

Consultant Hand Surgeon,  
**Croydon Health Services  
NHS Trust**

Mr Ravi Mallina is a fellowship trained hand and wrist surgeon working in the NHS and private hospitals across London and Surrey and is committed to providing his patients with the best possible care. He successfully completed the British Society for Surgery of the Hand (BSSH) accredited diploma in Hand Surgery. He takes a patient-centred approach, taking time to listen to each patient's concerns and goals, and working with them to develop personalised treatment plan. Mr Mallina uses the latest surgical techniques to provide his patients with the best possible outcomes, while minimising discomfort and downtime. Mr Mallina trained in major trauma centres in the UK (Leeds, Newcastle and Aberdeen) and successfully completed his higher surgical specialist training in Trauma and Orthopaedics working at various teaching hospitals in South West London and Surrey. He obtained specialist Hand surgery training in UK's premier hand centres.

Mr Ravi Mallina is a highly skilled and experienced Consultant Hand and Wrist Surgeon offering treatment within a multi-disciplinary team comprising of therapists, rheumatologists, anaesthetists and radiologists. He is known for his expertise in treating complex hand and wrist conditions, and has a reputation for providing high-quality care to his patients, reflected in consistently scoring high in patient surveys. Mr Mallina provides patient specific solutions using implants designed using 3D printing technology in London and Surrey, enabling patients achieve functional results to the highest standards. He offers patients fracture specific plate fixation of complex distal radius fractures, and provides a holistic approach in treating complex hand and wrist injuries.

Mr Mallina has extensive experience in managing a wide range of hand and wrist conditions, including carpal tunnel syndrome and other nerve compressions affecting the upper extremity, arthritis, Dupuytren's contracture, and overuse injuries of the hand and wrist. He has particular interest in treating sports injuries of the hand and wrist using minimally invasive surgical techniques. Mr Mallina is an active member of several professional organizations, and recognised by all major national and international private medical insurance providers.



### **Shamim Umarji**

Clinical Director for Surgery,  
Consultant Trauma & Orthopaedic  
Surgeon,  
**St George's NHSFT, London**

Miss Umarji qualified from Oriel College, Oxford in 1996 and trained as a registrar on the South West Thames rotation. Her fellowship training was under the guidance of the internationally-renowned David Evans of the Windsor Hand Clinic, and the premier plastic surgery hand unit at Queen Victoria Hospital, East Grinstead.

She was appointed an orthopaedic hand surgeon at St George's University Hospitals NHS Foundation Trust in 2009 and continues to maintain an interest in research and education. Miss Umarji is presently the clinical lead for the Department of Trauma and Orthopaedics at St George's Hospital and was the Royal College of Surgeons Surgical Tutor (2011-2015).





### **Ramon Tahmassebi**

Hand Wrist and Elbow Surgeon,  
**Cleveland Clinic London**

Mr Ramon Tahmassebi is a highly esteemed consultant trauma and orthopaedic surgeon based in London. With over 25 years of experience, he is renowned for his expertise in hand and wrist surgery, wrist fractures, sports injuries, hand arthritis, and joint replacement.

Mr Tahmassebi currently serves as a consultant trauma and orthopaedic surgeon at Cleveland Clinic London, where he collaborates with a dedicated team to devise personalised treatment plans tailored to each patient's unique requirements. Concurrently, he holds the position of Clinical Director of Trauma & Orthopaedic Surgery at King's College Hospital NHS Foundation Trust, playing a pivotal role in managing complex surgeries and contributing significantly to the advancement of orthopaedic care in southeast England.

Mr Tahmassebi obtained his MBBS and BSc degrees from University College London, followed by the prestigious FRCS (Tr & Orth) qualification from the Royal College of Surgeons in 2010. He then completed surgical training in London and secured coveted international Fellowship training posts in Sydney, Australia, and London.

In addition to his clinical roles, Mr Tahmassebi is actively engaged in research, education, and academic pursuits. As an honorary senior lecturer at King's College London, he imparts his wealth of knowledge and expertise to the next generation of medical professionals. His contributions extend to numerous publications and presentations, underscoring his commitment to advancing orthopaedic knowledge and techniques. Mr Tahmassebi's dedication and contributions to the field have been recognised with prestigious awards such as the BSSH Travelling Bursary.

Mr Tahmassebi's sub-specialties encompass a wide spectrum of orthopaedic conditions, including arthritis of the elbow and wrist, carpal tunnel syndrome, fractures of the elbow and wrist, tendon issues, and trigger finger release surgery, among others. He is affiliated with esteemed professional organisations including the British Society of Surgery of the Hand, the American Society of Surgery of the Hand, the Royal College of Surgeons of England, and the General Medical Council.



### **Jennifer Parr**

Specialist Hand Therapist & Hands  
Service Lead,  
**Six Physio**

Jennifer Parr has dedicated much of her career to the NHS, where she completed her junior core rotations and advanced to a specialist physiotherapist role in hand therapy. She developed a passion for treating hand conditions, including acute trauma, surgical cases, and long-term conditions. As a Registered Practitioner with BAPAM, Jennifer assists Performing Arts professionals in returning to their craft. She finds it highly rewarding to support clients on their journey to full recovery through exercise, education, splinting, and post-operative care.



### **Abhinav Gulihar**

Consultant Orthopaedic Surgeon  
(Upper Limb and Trauma),  
**Princess Royal University Hospital,  
Kings College Hospital NHS  
Foundation Trust**

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managing routine and complex conditions and injuries of the upper limb.





### **Kishan Gokaraju**

Consultant Upper Limb and Trauma,  
**Princess Royal University Hospital,  
King's College Hospital NHS  
Foundation Trust**

Kishan Gokaraju is a triple-fellowship trained upper limb surgeon at Kings College Hospital NHS Foundation Trust. Following training on the esteemed Stanmore rotation, he completed internationally-renowned fellowships in Brisbane, Sheffield & Coventry. He has won the prestigious BESS, BOA and Watanabe travelling fellowship awards for experiences at Centres of Excellence in the UK, France & North America with world-leading surgeons. As a result, he has expertise in upper limb trauma and elective surgery, from shoulder to hand.

While having significant academic success with published research and international presentations, his main focus lies in teaching, having set-up and ran several FRCS-level educational programs and courses locally and nationally. He is looking forward to co-hosting this 1st London Orthopaedic Meeting.



### **Andrew Wright**

Consultant Elbow & Shoulder  
Surgeon,  
**Wrightington, Wigan and Leigh  
NHS Foundation Trust**

Andrew was appointed to Wrightington hospital in January 2020. He is a Fellowship trained Specialist Elbow and Shoulder surgeon who has joined us from Salford Royal where his Consultant practice began. He trained at both St Andrews University and the University of Manchester before completing his Specialist Orthopaedic training rotation here in the North West.

His practice specialises in surgery for all aspects of Elbow and Shoulder sports injuries, pain and instability, as well as being experienced in Trauma to the whole Upper Limb. His previous position as a Consultant at Salford Royal hospital in Manchester has allowed him to bring a breadth of experience to the WWL Team.

Andrew is passionate about providing bespoke, evidence based care for his patients. During his training he achieved a First Class Honours degree from St Andrews University for research into Medical science and more recently was awarded a Master's degree for work on the Biomechanics of Shoulder instability from the University of Central Lancashire.

He is a keen teacher and regular faculty member on Elbow and Shoulder courses. He is also the Course Director for the Shoulder and Elbow section of the Fellowship examination course held at Wrightington triannually.



### **Andrew White**

Consultant Shoulder & Elbow  
Surgeon,  
**Peterborough City Hospital**

Mr Andrew White is a highly proficient and esteemed consultant shoulder and elbow surgeon who specialises in elbow surgery, sports injuries, upper limb surgery, shoulder surgery, performing arthroscopies, rotator cuff surgery, as well as joint replacement surgery. He currently practises at the Fitzwilliam Hospital in Peterborough.

Mr White, who has racked up years of medical experience having obtained an MA Oxon from the University of Oxford in 1993, is also an expert in conditions such as frozen shoulder and tennis elbow. After completing his undergraduate training, Mr White went on to successfully undertake his clinical training at the University of Cambridge in the East Anglian higher surgical training programme. This was followed by the notable completion of a fellowship in shoulder and elbow surgery at the Royal Devon and Exeter Hospital.

Mr White possesses quite an extensive list of subspecialties, including shoulder and elbow fractures, golfer's elbow, major tendon repair surgery, and elbow and shoulder arthritis, as well as rotator cuff surgery but to mention a few. He has carried out an extensive amount of research regarding joint replacement surgery and joint conservation.



### **Sam Vollans**

Consultant Shoulder & Elbow  
Surgeon,  
**Leeds Teaching Hospitals NHS  
Trust**

Sam Vollans is a subspecialist Shoulder and Elbow surgeon. After finishing his orthopaedic training in Yorkshire, he undertook further training in shoulder & elbow surgery both within the UK and Europe. This time including working alongside three world-leading elbow surgeons. His practice is exclusively upper limb and has a specific interest in complex elbow surgery including children's and adolescent elbow complaints related to sports.

Mr Vollans established the Yorkshire Elbow Network and receives referrals for complex cases from all over Yorkshire and beyond. He has worked with various elite gymnasts and racquet sports players treating elbow and shoulder problems in both adults and children.





### Lee Van Rensburg

Consultant Shoulder & Elbow Surgeon,

**Cambridge University Hospitals NHS Foundation Trust**

Lee Van Rensburg is a consultant trauma and orthopaedic surgeon, based at Addenbrooke's hospital, part of the Cambridge University Hospitals NHS trust.

His particular area of interest is elbow trauma.

He completed his primary medical training in 1993 at the University of the Witwatersrand, Johannesburg, South Africa. After moving to the United Kingdom in 1996, he completed his basic surgical training at West Suffolk Hospital, Bury St Edmunds and completed his higher surgical training on the East Anglian orthopaedic rotation (Cambridge) in 2005. He undertook a fellowship predominantly in trauma at the Alfred hospital, Melbourne in 2006.

He has run an elbow trauma cadaver masterclass yearly since 2013, in Edinburgh, London, Cambridge, Cape Town. He is the chairman of the AO shoulder and elbow masterclass UK and has lectured and taught on 4 Continents.



### Roger van Riet

Elbow Surgeon,

**AZ Monica, Antwerp**



### Amjid Ali

Consultant Shoulder and Elbow Surgeon,

**Sheffield Teaching Hospitals NHS Trust**

Mr Ali is a highly specialised and experienced consultant shoulder and elbow orthopaedic surgeon. With over 13 years of practising at the highest level of orthopaedic surgery, he treats and manages patients with long-standing conditions and recent injuries. He is known in the field as being very innovative and having a passion for using the latest technologies for his patients. During his surgical training, he invented a set of surgical instruments which are used in elbow replacement surgery to this day. He also takes his role as a trainer seriously, investing time into teaching other consultants and surgeons looking to specialise in shoulder & elbow surgery as well as running national and international courses on the topic.



### Joideep Phadnis

Consultant Elbow & Shoulder Surgeon,

**University Hospitals Sussex NHS Foundation Trust**

Joideep Phadnis is a Trauma & Orthopaedic Surgeon and specialist Shoulder and Elbow Surgeon.

In particular, Mr Phadnis has a special interest in elbow problems and he has a tertiary referral practice related to this. He treats sports injuries, arthritis, and trauma of the shoulder and elbow and performs keyhole surgery, complex reconstruction and joint replacement.

Mr Phadnis is also heavily involved in teaching and research. He is an Honorary Reader at Brighton & Sussex Medical School and a student mentor. He teaches and runs courses related to shoulder and elbow surgery in the UK and internationally. He has published over around 100 peer reviewed articles, including journal publications, book chapters and multi media surgical videos.

He is the lead for Shoulder and Elbow surgery at the trust and is the director of the Shoulder and Elbow fellowship programme.



### Amy Garner

Consultant

**Orthopaedic and Trauma Surgeon,**

Exeter Knee Reconstruction Unit Miss Garner is an honorary Senior Clinical Research Fellow and post-CCT Orthopaedic and Trauma Surgery Fellow at the Nuffield Orthopaedic Centre in Oxford. Her PhD at Imperial College investigated compartmental replacement of the knee: the use two or more partial knee replacements within the same knee to target diseased compartments whilst sparing the anterior cruciate ligament and healthy bone. Miss Garner was supervised by Professor Justin Cobb in the MSk Lab and Dr Richard van Arkel and Professor Andrew Amis from the Biomechanics group, in the department of Mechanical Engineering





## Jonathan Bird

Consultant Knee Surgeon,  
**University Hospital Lewisham**

Mr Jonathan Bird is an orthopaedic surgeon in London specialising in knee surgery. He is able to treat professional athletes' knee problems as well as people suffering from arthritis on a daily basis. He strives to provide his patients with the best possible treatment and to improve their quality of life. Mr Bird is continually enhancing his orthopaedic practice and attends conferences to learn the most up-to-date therapies and procedures for his patients.

While studying at the UCL School of Medicine, Mr Bird joined the British Army where he witnessed firsthand the high level of medical care provided to our military. He graduated from UCL in 1997 and continued to serve in the army until 2004, treating both military and civilians who had been injured in the fighting.

Mr Bird went on to receive further advanced orthopaedic training in London before joining his current NHS position at University Hospital Lewisham. He is the main knee surgeon here and was responsible for establishing the Acute Knee Service. Additionally, he teaches medical students at King's College.



## Tash Gale

Specialist MSK Physiotherapist,  
**Complete Physio**

Tash graduated from Brighton University with a 1st in Physiotherapy. Since graduation, she has specialised in MSK (musculoskeletal) conditions and orthopaedics. Her comprehensive experience of treating NHS and private patients, as well as competitive athletes over many years has allowed her to develop the skills to treat a diverse range of MSK and orthopaedic conditions. She has developed particular expertise in rehabilitating patients following ACL reconstruction, hip/knee/upper limb arthroscopies, joint replacements, and sports injuries, as well as return to running and tendon management programmes. She has additional experience in treating the younger athlete, rehabilitating sports injuries in the paediatric population, aged 12 years and older.

Tash has previously worked in hospitals as well as private clinics, in semi-professional rugby as lead physio, and is part of the medical classifier team for British Cycling. She always takes a holistic approach when assessing her patients, and uses treatments which are evidence based, including active rehabilitation, using her knowledge in biomechanics and strength and conditioning to retrain movement patterns and improve function. Her enthusiasm

and dedication enhance her ability in working with patients to reach their goals and full potential.

She has a special interest in gait analysis and return to running, as well as improving running performance during or after injury. She understands the importance of educating her patients to facilitate the successful management of their injury. Treatments she may use include exercise therapy, Pilates, manual therapy, soft tissue mobilisation, taping, and shockwave therapy.



## Jerome Davidson

Consultant Trauma & Orthopaedic  
Hip Surgeon,  
**Guy's and St Thomas' NHS  
Foundation Trust**

Mr Davidson is the Lead of the Sickle Hip Service at Guy's and St Thomas' Hospitals. This is a supra-regional service managing a very complex patient group. He provides a paediatric and adolescent hip replacement service at Evelina Children's hospital (part of GSTT). In addition, Jerome is the Regional Director for London (South) at the Royal College of Surgeons of England. Mr Davidson is also one of the regional representatives for the National Joint Registry in London as a member of the NJR RCC committee.

Mr. Jerome Davidson's career as a Consultant Orthopaedic Hip Surgeon is impressive and diverse. He has built a reputation for his expertise in performing complex primary joint replacements, high-risk arthroplasty, and revision surgeries. His specialization in minimally invasive total hip replacements with a focus on early rehabilitation has likely contributed significantly to the improvement of patient outcomes and recovery times.

His work with the Guy's Cancer Centre, particularly in operating on metastatic cancer of the hip and pelvis, indicates a commitment to addressing complex medical cases and contributing to cutting-edge advancements in the field of orthopedic oncology.

Mr. Davidson's educational background, with a medical degree from King's College London and specialized training in the Guy's and St Thomas registrar rotation, along with international fellowships, demonstrates a commitment to continuous learning and global exposure to different medical practices and approaches.

His dedication to research, evidenced by numerous publications in medical journals and invitations to speak at various medical conferences globally, underscores his commitment to advancing the field of hip arthroplasty.

Furthermore, his involvement in teaching at both the undergraduate and postgraduate levels, along with his roles as an Honorary Senior Clinical Lecturer at King's College London and his previous position as the Surgical



Tutor for Guy's & St Thomas' Hospitals, highlights his dedication to passing on his knowledge and expertise to the next generation of medical professionals.

Mr. Davidson's interest in medical law, coupled with his Master's degree in the subject, suggests a well-rounded understanding of the legal aspects of the medical field, which is increasingly important in today's complex healthcare landscape.

In summary, Mr. Jerome Davidson is an accomplished, empathetic, and dedicated orthopedic surgeon, whose commitment to patient care, research, education, and legal understanding makes him a valuable asset to the medical community, both in London and globally.



### Asif Parkar

Consultant Orthopaedic Surgeon,  
**BHRUT NHS Trust, Romford**

Mr Asif Parkar is a highly sought-after consultant surgeon specialising in trauma and orthopaedics, particularly sports knee injuries and ligament reconstruction, as well as partial and full knee and hip replacement surgery. He also offers specific treatment for patella instability and joint preservation surgery such as osteotomy around the knee. He takes a holistic and evidence-based approach to treatment and sees patients at Harley Street Specialist Hospital, Spire Hartswood, Spire East London, and BMI London Independent Hospital.

After completing his training through the Royal London Trauma & Orthopaedic Programme, Mr Parkar undertook fellowships at some of the most reputable hospitals in the country, including Barts Health NHS Trust, Guy's and St. Thomas' NHS Foundation Trust in London, as well as the Level I Trauma Centre North American Fellowship based in Calgary.

As a result of this experience, he is uniquely qualified to offer treatments for conditions such as sports knee injuries and patellar instability using cutting-edge technologies, including osteotomies around the knee and robotic-assisted joint replacement surgery.

Additionally, he is the author of a number of book chapters, and his work has featured in several peer-reviewed journals. He also earned a prize for best research during his fellowship as well as the NHS innovation prize.



### Zameer Shah

Consultant Orthopaedic Surgeon,  
**Guy's and St. Thomas' NHS  
Foundation Trust**

Consultant Orthopaedic Surgeon, Mr Zameer Shah, specialises in hip and knee surgery at Guy's and St Thomas' Hospitals in London, where he carries out routine hip and knee surgery and takes on complex referrals from across the country. He also treats a wide range of conditions including sports injuries, arthritis, and trauma.

Mr Shah gained his medical qualification in 1997 from Kings College London before training in a number of different surgical areas in Cambridge, Oxford, and London. He later spent time as a research fellow at the Royal National Orthopaedic Hospital where he studied the use of stem cells. Mr Shah was chosen as an International Fellow at the renowned Insall Scott Kelly Institute and at the Hospital for Special Surgery in New York. Upon his return to the UK, he went on to complete a second Fellowship at Guy's Hospital.

Mr Shah has a passion for research and education. He is currently a Senior Clinical Lecturer at Kings College London and is also involved in national trials and programs to further medical knowledge.



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### Sovereign Medical:

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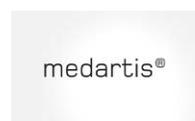
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## Attendee List

ORGANIZATION	NAME	DESIGNATION	Country
ACTIVATE MSK Clinic	Mustafa Alnaib	Clinic director	UK
Acumed	Jeannine Moore	National Sales Manager	UK
Acumed	Brendan Clegg	Marketing Manager	UK
Arthrex	Jamie Ure	Account Manager	UK
Arthrex	Will Latham	Distal Extremities Specialist	UK
AZ Monica, Antwerp	Roger Van Riet	Elbow Surgeon	UK
Barts Bone & Joint Health, The Royal London Hospital	Lucky Jeyaseelan	Consultant Trauma and Orthopaedic Surgeon	UK
Barts Health NHS Trust	Jiang An Lim	Academic FY2 Doctor	UK
Barts Health NHS Trust	Muhammad Haseeb Ali	Doctor	UK
Barts Health NHS Trust	Livio Di Mascio	Consultant Orthopaedic Surgeon in Shoulder, Elbow & Hand	UK
Barts Health NHS Trust	Francesc Malagelada	Consultant Orthopaedic Surgeon	UK
Barts Health Trust	Ahmed Ali	Doctor	UK
Barts NHS Trust	Amit Patel	Consultant Trauma & Orthopaedic Surgeon (Foot & Ankle)	UK
Basildon University Hospital	Behfar Kheradmand	Locum Consultant	UK
Basildon University Hospital	Yiannis Stamatiadis	Speciality Doctor of Orthopaedics	UK
BHRUT NHS Trust, Romford	Asif Parkar	Consultant Orthopaedic Surgeon	UK
Bioventus UK Ltd	Rachel Littleton	Territory Manager	UK

ORGANIZATION	NAME	DESIGNATION	Country
Bioventus UK Ltd	Kim Sherrington	Sales Director	UK
Bioventus UK Ltd	Alex Tanner	National Sales Manager	UK
Bodyworks Sports Injury & Physiotherapy	Jenny Strickland	Principal Physiotherapist	UK
Cambridge University Hospitals NHS Foundation Trust	Lee Vanb Rensburg	Consultant Shoulder & Elbow Surgeon	UK
Chelsea and Westminster Hospital NHS Foundation Trust	Luke Jones	Consultant Knee Surgeon	UK
Clearcut Physiotherapy	Hassan Mohamoud	Physiotherapist	UK
Clearcut Physiotherapy	Khatira Niazi	Physiotherapist	UK
Cleveland Clinic London	Ramon Tahmassebi	Hand Wrist and Elbow Surgeon	UK
Complete Physio	Tash Gale	Specialist MSK Physiotherapist	UK
Cpd	Preksha Jain	Physiotherapist	UK
Croydon Health Services NHS Trust	Ravi Mallina	Consultant Hand Surgeon	UK
Croydon University Hospital	Dheeraj P Selvarajan	Clinical Fellow	UK
Croydon University Hospital	Mustafa Al-Saadi	Trauma and Orthopaedic SHO	UK
Croydon University Hospital	Fatima Numun Rahman	Doctor	UK
Depuy Synthes	Ben McKenzie	Extremities Development Manager - South East	UK
Dr Kattan	Obada Kattan	Doctor	UK
East kent hospitals	Siddhartha Murhekar	Orthopaedic registrar	UK
Epsom & St Helier NHS Trust	Samantha Senff	Surgical Care Practitioner	UK

ORGANIZATION	NAME	DESIGNATION	Country
Epsom & St Helier NHS Trust	Aisha Razik	Trauma and Orthopaedic Surgeon	UK
Epsom & St Helier NHS Trust	Najab Ellahee	Consultant in Trauma & Orthopaedic Surgery	UK
Epsom & St Helier University NHS Trust	Nick Little	Consultant Orthopaedic Shoulder and Upper Limb Surgeon	UK
Epsom Hospital NHS	Bettine Seaward	Hand Therapist	UK
ExacTech	Jaime Cox	Southern Regional Manager	UK
ExacTech	David Bebbington	Senior Account Manager	UK
ExacTech	Mark Portis	Marketing Director	UK
ExacTech	James Ashdown	Account Manager	UK
Exeter Knee Reconstruction Unit	Amy Garner	Consultant Orthopaedic and Trauma Surgeon	UK
Freedom Clinics	Ramone	Sports Massage Therapist	UK
GB life care Physiotherapy Clinic	Venkat Devaraya	Physiotherapist	India
Gstt	Chloe Lowe	Doctor	UK
Guy's and St Thomas' NHS Foundation Trust	Christy Fowler	Advanced Practice Hand Therapist	UK
Guy's and St Thomas' NHS Foundation Trust	Alex Charalambous	Consultant Orthopaedic Surgeon	UK
Guy's and St Thomas' NHS Foundation Trust	Raghibir Khakha	Consultant Trauma and Orthopaedic Knee Surgeon	UK
Guy's and St Thomas' NHS Foundation Trust	Jerome Davidson	Consultant Trauma & Orthopaedic Hip Surgeon	UK
Guy's and St Thomas' NHS Foundation Trust	Zameer Shah	Consultant Orthopaedic Surgeon	UK

ORGANIZATION	NAME	DESIGNATION	Country
Hampshire Hospitals NHS Foundation Trust	Henry Colaco	Consultant Shoulder & Elbow Surgeon	UK
Harley Street Specialist Hospital, London	Liam Stapleton	Specialist in Podiatric Sports Medicine	UK
HBS UK	Caroline Blackburn	Advanced MSK Physiotherapist	UK
Healthshare MSK	Ali Gibson	ESP physio	UK
Hillingdon Hospital	Muhammad Nadeem Saleem	T&O Senior House Officer	UK
Imperial College London NHS Trust	Marion Jenkyns	FY1 Doctor	UK
Kanish Health Ltd	Sameer Jasani	RP	UK
KCH Management Ltd	Hanson Raju	Commercial Business Development Manager	UK
KCH Management Ltd	Helen Somerville-Jones	Education & Training Observership Lead	UK
KCH NHS Foundation Trust	Ash Vasireddy	Consultant Trauma Lead and Orthopaedic Surgeon	UK
King's College Hospital	Shuaib Ahmed	Speciality Registrar	UK
King's College Hospital	Anjali Nair	Clinical Lead OT Hand Therapy	UK
King's College Hospital NHS Foundation Trust	Anil Haldar	Post-CCT Fellow	UK
King's College London	Fizza Ali	Medical Student	UK
Kings college Hospital	Muwaffak Al-Shoaibi	Senior Fellow	UK
Kings College Hospital	Karthik Karrupiah	Consultant Orthopaedic Surgeon	UK
King's College Hospital	Anna Marie Yeung	Occupational therapist	UK
Kings College Hospital	Irene O'Donoghue	Occupational Therapy in Hand Therapy	UK

ORGANIZATION	NAME	DESIGNATION	Country
Kings College Hospital	Charmilie Chandrakumar	ST4	UK
Kings College Hospital London	Arjun Ajith Naik	Senior Clinical fellow	UK
King's College Hospital NHS Foundation Trust	Aqil Ahamed Sha	Clinical Observer	UK
King's College Hospital NHS Foundation Trust	Kiran Paknikar	Specialist registrar	UK
King's College Hospital NHS Foundation Trust	Andre Magcanan	Theatre Coordinator/ Line Manager -Orthopaedics	UK
King's College Hospital NHS Foundation Trust	Joydeep Sinha	Consultant Orthopaedic Surgeon	UK
Kings College Hospital NHS Trust	Jerico Raneses	Theatre Practitioner Team Leader Band 6	UK
Kings College Hospital NHS Trust	Mohamed Wasim Shaffe Ahamed	JCF	UK
King's College Hospital, London	Raju Ahluwalia	Consultant Foot and Ankle Orthopaedic Surgeon	UK
King's College Hospital, London	Venu Kavarthapu	Orthopaedic Surgeon, Consultant Orthopaedic Surgeon	UK
Kings College London	Damandeep Singh Kharoud	Medical Student	UK
Kings College NHS	Sai Bhargava Reddy Maddireddy	Clinical Attache	UK
King's College NHS Trust	Ajay Arora	Doctor	UK
King's College NHS Trust	Ahmed Elkohail	Orthopaedic Surgeon	UK
Kings NHS Trust	Amy Maltby	Team Lead Occupational Therapist in Hand Therapy	UK
Kings Trust	Osama Khaled alabdellat	JCF haematology	UK

ORGANIZATION	NAME	DESIGNATION	Country
LedaOrthopaedics	Sam Bloy	Sales Associate	UK
LedaOrthopaedics	Nick Stratton	Director	UK
Leeds Teaching Hospitals NHS Trust	Sam Vollans	Consultant Shoulder & Elbow Surgeon	UK
Lewisham and Greenwich NHS Trust	Tom White	Consultant Orthopaedic Surgeon	UK
LondonCity Physiotherapy	Laure Walter	Physiotherapist	UK
Longfield Polyclinic	Alastair Thrush	Physiotherapist	UK
Marquardt UK	Moreno Baldino	Director	UK
Marquardt UK	Sophie Courtney	Sales Manager	UK
Marquardt UK	Moritz Schmutte	General Manager	Germany
Medartis Ltd.	Ceyda Cambaz	Area Sales Manager - London	UK
Medartis Ltd.	Mark Bray	Business Development Manager - EMEA North	UK
Medbelle	Stuart Day	Partnerships manager	UK
Medbelle	Simon Harby	Head of UK Relations	UK
MSK Ultrasound & MSK I Regenerative Medicine	Suresh Sudula	Musculoskeletal Specialist & Consultant Physiotherapist	UK
National Trauma Centre	Kshitiz Sapkota	Orthopedic Surgeon	Nepal
NHS	Joseph Battle	Surgeon	UK
NHS	Amjad	Consultant Orthopaedic surgeon	UK
NHS	Reece Barter	CT2	UK
NHS	Karan K Alva	Specialty Doctor	UK
NHS	Katie McMullan	Advanced Physio Practitioner	UK

ORGANIZATION	NAME	DESIGNATION	Country
NHS	Elliot Johnson	Physiotherapist	UK
NHS	Jordan Bethel	CT2	UK
NHS	Odeh Odeh	Orthopaedic surgeon	UK
NHS	Alexandra Robinson	Doctor FY1	UK
NHS	Roksana Stobiecka	FY1 Doctor	UK
NHS	Julianne Hendry	FY1 Doctor	UK
NHS	Vishal kumar	ST8	UK
NHS	Harry Donkin	Doctor	UK
NHS	Wasim Silmi	Doctor	UK
NHS	Sam Franklin	Orthopaedic Registrar	UK
NHS	Charis Eleftheriou	Foundation Year 1 Doctor	UK
NHS	Brendan Choy	FY2	UK
NHS	Joshua Perham	Doctor	UK
NHS	Hassan Abed	Medical Student	UK
NHS	Razi Zaidi	Orthopaedic Consultant	UK
NHS	Tom Lewis	Trauma and Orthopaedic Surgery Specialty Trainee	UK
NHS	Sami Yousefi	Doctor	UK
NHS	Mariam Abed	Doctor	UK
NHS	Lima Hamidi	Fy1 Doctor	UK
NHS England	Benoy Matthews	Specialist Physiotherapist - Lower Limb (Extended Scope Practitioner)	UK

ORGANIZATION	NAME	DESIGNATION	Country
NHS Whittington Health	Elizabeth Randall	MSK B7 Physiotherapist	UK
Norfolk and Norwich university hospital	Akshdeep Singh Bawa	Consultant (Locum)	UK
North, Central and East London Deanery	Amit Thakrar	Orthopaedic Registrar	UK
Northampton general hospital	Natiya Commanica Benedict Raj	Trainee surgical care practitioner	UK
Northampton General Hospital	Howard Daniel Tanner	Surgical Care Practitioner	UK
Novastep	Clara Salé	Product Manager	France
NSW Health	James Conville	Medical Officer	Australia
Nuffield Health	David Walton	Physiotherapist	UK
Orpington Hospital	Oluwabunmi Ogunbowale	Scrub Nurse	UK
Orthonova Hospital Jalandhar, India	Aashita Singh	Medical Officer	India
Oxleas NHS Foundation Trust	Jonathan Barber	Advanced MSK Podiatrist	UK
Peterborough City Hospital	Andrew White	Consultant Shoulder & Elbow Surgeon	UK
Physio Forward	Katrina Shaw	Senior Physiotherapist	UK
Physio Health Therapy	Sabrina Shah	Physiotherapist	UK
Physio-Forward	Karen Ramsey	Physiotherapist	UK
Physioplus rehab Ltd	Suresh Bandaru	Advanced MSK Practitioner	UK
Poole hospital /UHD	Bassam Zwan	Consultant orthopaedic surgeon	UK
Prabodh Agarwal	Mukul PC Agarwal	Consultant Rehabilitation, MSK & Sports Physician	UK

ORGANIZATION	NAME	DESIGNATION	Country
Princess Royal hospital	Mohammad Monir Hassan	Doctor	UK
Princess Royal University Hospital	Muhammad Ausaf Usmani	Junior Clinical Fellow	UK
Princess Royal University Hospital, King's College Hospital NHS Foundation Trust	Robbie Ray	Orthopaedic Surgeon	UK
Princess Royal University Hospital, King's College Hospital NHS Foundation Trust	Abhinav Gulihar	Consultant Orthopaedic Surgeon (Upper Limb and Trauma)	UK
Princess Royal University Hospital, King's College Hospital NHS Foundation Trust	Mohit Bansal	Consultant Hip and Knee Surgeon	UK
Princess Royal University Hospital, King's College Hospital NHS Foundation Trust	Dominic Davenport	Consultant Hip and Knee Surgeon	UK
Princess Royal University Hospital, King's College Hospital NHS Foundation Trust	Kishan Gokaraju	Consultant Upper Limb and Trauma	UK
Princess Royal University Hospital, King's College Hospital NHS Foundation Trust	Aanchal Jain	Consultant Upper Limb and Trauma	UK
Pulvertaft Hand Unit, Royal Derby Hospital	Alex Bolt	Hand & Wrist Consultant	UK
Pure Sports Medicine	Alexander Townsend	Sports Podiatrist	UK
Pureform	Elodie Frati	Osteopath	UK
Pureform Clinic	Russell Kesley	Physiotherapist	UK
PUREFORM CLINIC	Tom Cornish	Clinic Director and Specialist Musculo-Skeletal Osteopath	UK
Purpose Physio/ Jon W Sports Injury	Sean Wickenden	Physiotherapist	UK

ORGANIZATION	NAME	DESIGNATION	Country
Recoverie Health	Rushabh Savla	Founder	UK
Resilient Rehab	Daniel McGookin	Physiotherapist	UK
RNOH Stanmore	Ankur Gupta	Registrar	UK
Royal Berkshire NHS Foundation Trust, Reading UK	Baijaeek Sain	Trauma & Orthopaedics Registrar	UK
Royal free london	Ahmed Ashour	Senior fellow	UK
Royal free London NHS trust	Wajid Ali	Senior clinical fellow	UK
Royal Free NHS Trust	Mohan Remani	Senior Fellow	UK
Salford Royal Foundation Trust	Ed Gee	Consultant Foot and Ankle Surgeon	UK
Sheffield Teaching Hospitals NHS Trust	Amjid Ali	Consultant Shoulder and Elbow Surgeon	UK
Six Physio	Rosie Dutton	Physiotherapist	UK
Six Physio	Oisin O'Reilly	Physiotherapist	UK
Six Physio	Lisa Paton-Smith	Physiotherapist	UK
Six Physio	Jennifer Parr	Specialist Hand Therapist & Hands Service Lead	UK
South West London Elective Orthopaedic Centre	Vipul Patel	Medical Director	UK
Sovereign Medical	Richard Kinzler	National Shoulder Manager	UK
Sovereign Medical	Maria Flin	Territory Manager	UK
Specifeye Health & Wellbeing	Tyrone Cassius	Director & Sports Therapist	UK
St George's NHSFT, London	Shamim Umarji	Clinical Director For Surgery, Consultant Trauma & Orthopaedic Surgeon	UK
St George's Hospital	Johnny Cann	CT2	UK

ORGANIZATION	NAME	DESIGNATION	Country
St Thomas' Hospital	Danny Kazzazi	AFP Doctor	UK
St. George's Hospital	Duncan Tennant	Consultant Orthopaedic Surgeon	UK
Surrey and Sussex NHS trust	Abhijit Kawalkar	SAS	UK
Teaching Hospital - Badulla	Pasan Venura Jayawardena	Medical Officer	Sri Lanka
The Hillingdon Hospitals NHS Trust	Omar Mustafa Odeh	Senior House Officer	UK
The village physiotherapy practice	Caz Adcock	Physiotherapist	UK
UCLH	William Zhan Xia	Fellow	UK
UCO	Ahmad	Osteopath	UK
University College of Osteopathy	Thu Anh	Osteopath	UK
University College of Osteopathy	Hibah Memon	Student Osteopath	UK
University College of Osteopathy	Romy Settbon Moore	Osteopath	UK
University College of Osteopathy	Abdelhadi Shaban	Student	Jordan
University Hospital Lewisham	Jonathan Bird	Consultant Knee Surgeon	UK
University Hospitals Sussex NHS Foundation Trust	Joideep Phadnis	Consultant Elbow & Shoulder Surgeon	UK
University Hospitals Sussex NHS Trust	Amro Karadsheh	Doctor	UK
Venn Healthcare	Jenny Torney	National sales and clinical training manager	UK
Venn Healthcare	Benoy Mathew	Head of Education	UK

ORGANIZATION	NAME	DESIGNATION	Country
Vilex	Craig Prosser	Director of sales	UK
Vilex	David Course	SBM	UK
Village physio clinic	Emma Roper	Physiotherapist	UK
Village Physiotherapy Clinic	Alexa Phillips	Physiotherapist	UK
Whittington Health	Suan Khor	Consultant Trauma and Orthopaedic Surgeon	UK
Whittington Health	Emily Birch	MSK Physiotherapist	UK
Whittington Health	Paniz Motaghi	Junior Clinical fellow	UK
Whittington hospital	Mariam Shafei-Sabet	Physiotherapist	UK
Whittington, Wigan and Leigh NHS Foundation Trust	Andrew Wright	Consultant Elbow & Shoulder Surgeon	UK

## Poster Presentation

AFFILIATION	ABSTRACT TITLE	PRINCIPAL AUTHORS
Whittington Health NHS Trust	Assessing the Impact of Deferoxamine on the Efficacy of Autologous Bone Graft in the Treatment of Scaphoid Nonunion – A pilot study	Prof. Farid Najd Mazhar, Paniz Motaghi (corresponding), Mohammadreza Kooshesh, Mahmoudi Nasab
PRUH, King's College Hospital NHS Trust	"Self-Resolving Dupuytren's Contracture: a case report and review of current treatment concepts "	M.Ahamed, E.Headon, K. Gokaraju
HBS UK	Caroline Blackburn	Advanced MSK Physiotherapist
Individual Representative	Obada Kattan	Doctor



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 +91 20 48598 285 | +44 (0)1865-842-976

 [events@marketsandmarkets.com](mailto:events@marketsandmarkets.com)

 [www.marketsandmarkets.com](http://www.marketsandmarkets.com)

