

# Conference Schedule Day 01



8:00 – 08:30 Conference Registration

8:30 – 09:00 Introduction to the Program and Welcome Note by the Faculty

## SESSION 1: Knee Session

## Conference Room 2

9:00 – 11:00 Research Oral Representations Abstract Session Timetable

### Pediatric ACL Injuries and Management

Start Time: 09:15 AM

9:00 – 09:15 Federica Rosso, Orthopedic surgeon, University of Turin

9:15 – 9:22

Reducing Delays to Surgery in Hip Fracture Patients on Direct Oral Anticoagulants

Dr. Miranda Maharaj

9:15 – 09:30 Role of osteotomy in ACL reconstruction. Indications and outcomes  
Ragbir Khakha, Consultant trauma and orthopaedic surgeon, Guy's and St Thomas Hospital

9:22 – 9:29

High-Volume Philanthropic Management of Pediatric Orthopedic Deformities: A Demographic and Clinical Outcome Analysis of 1,269 Procedures

Dr. Amjad Gulzar Ahmed Shaikh

9:30 – 09:45 Knee Chondral lesion: Current practice and Innovation. Khalid Al-Hourani, Consultant Orthopaedic Knee Surgeon, Frimley Park Hospital

9:29 – 9:36

Closing the Gap in Secondary Fracture Prevention: A Quality Improvement Project Evaluating Adherence to BOA Fracture Liaison Service Standards in Primary Care

Muhammad Haris Ilyas

9:36 – 9:46

Q&A Session 1



9:45 – 10:00

**Current Concepts in PFJ instability**

**Zuhair Nawaz**, Consultant,  
**Spire Clare Park Hospital**

9:46 – 9:53

Consultant-Led Orthopaedic Teaching for Nursing Staff at a Major Trauma Centre: Early Outcomes from a Multidisciplinary Teaching Programme

**Miss Katy Gibson**

9:53 – 10:00

Minimally Invasive PIP Joint Fusion of the Second Toe with Hallux Valgus Correction: A Prospective Case Series

**Ms Lilanthi Wickramarachchi**

10:00 – 10:15

**Assessment and Management of Problem Knee**

**Chris Buckle**, Consultant  
Orthopaedic Surgeon, **Guy's and St Thomas Hospital**

10:00 – 10:07

Complete vs Incomplete Percutaneous Oblique Distal Closing Wedge Osteotomy for Bunionette (Tailor's Bunion) Deformity Correction

**Sanjana Mehrotra**

10:07 – 10:17

**Q&A Session 2**

10:15 – 10:30

**Robotic-Assisted Knee Arthroplasty: Current Concepts**

**Asif Parkar**, Consultant Trauma & Orthopaedic Knee & Hip Surgeon, **Queens Hospital Romford**

10:17 – 10:24

Endoscopic Flexor Hallucis Longus Transfer With Interference Screw and Additional Tension Slide Cortical Button for Chronic Achilles Tendon Rupture

**Sanjana Mehrotra**

10:24 – 10:31

Radiological and Functional Outcomes of Proximal Humerus Fracture Fixation: A Comparison of Cases With and Without Strut Allograft Augmentation

**Siddhartha Murhekar**



10:30 – 10:45

**Controversies in Revision  
Knee Replacement: Single-  
Stage or Two-Stage**

**John Stammers**, Trauma &  
Orthopaedic Consultant,  
**RNOH Stanmore**

10:31 – 10:38

A Novel Immersive Virtual Reality and  
Robotic Foot and Ankle Arthroscopy  
Surgical Simulator with Eye Tracking: A  
Preliminary Usability Study

**Sushruth R Vakkaleri**

10:38 – 10:45

Implant Detect: Real-Time Web-Based  
Implant Identification from Radiographic  
Imaging

**Vineet Batta**

10:45 – 11:00

**Question & Answer Round**

10:45 – 10:55

**Final Q&A Session**

11:00 – 11:30

**Networking Coffee Break**

## SESSION: 2



### Primary Total Hip Replacement Session

### Foot and Ankle Allied Professional Advanced

**11:30 – 11:45**

**Intro and Current Trends in total hip replacement**  
**Dominic Davenport**,  
Consultant Orthopaedic Surgeon (Hip, Knee and Trauma), **Princess Royal University Hospital Bromley**

**Assessment Beyond “It’s Flat” Clinical Decision-Making That Drives Treatment**  
→ Functional exam, staging, red flags, treatment planning  
**Liam Stapleton, Specialist in Podiatric Sports Medicine Harley Street Specialist Hospital**

**11:45 – 12:00**

**Patient experience, rehab and recovery after total hip replacement**  
**Tom Cornish**, Owner,  
**PureForm**

**Motor Control Over Strength Re-Training the Failing Flatfoot: An approach to rehabilitation**  
**Gemma Clark**, Team Lead  
Physiotherapist in Virtual Fracture Clinic (VFC) & Musculoskeletal Outpatients, **King's College Hospital NHS Foundation Trust**

**12:00 – 12:15**

**Management of complex primary total hip replacement**  
**Jerome Davidson**  
,Consultant trauma and orthopaedic surgeon, **Guy’s & St.Thomas’ Hospital**

**Footwear as Treatment Simple Adaptations That Modify Load**  
→ Rocker soles, stiffness, heel drop, cost-effective changes  
**Matthew Collison, Specialist MSK , Sports Podiatrist, Foot Factor**



## SESSION: 2

	Primary Total Hip Replacement Session	Foot and Ankle Allied Professional Advanced
12:15 – 12:30	<p><b>Clinical focus on Robotic-Assisted total hip replacement</b></p> <p><b>Matt Gee</b>, Consultant Orthopaedic and Trauma Surgeon, <b>King's College Hospital</b></p>	<p><b>Progressive Loading Strategies” Rebuilding Capacity in Adult Flatfoot</b></p> <p>→ Tendon loading, timelines, regress/progress models</p> <p><b>David Donne</b>, Osteopath, <b>Pureform Clinic</b></p> <p><b>Osteopat, Peform</b></p>
12:30 – 12:45	<p><b>Clinical assessment and functional outcomes after robotic-assisted total hip replacement</b></p> <p><b>Tom Wainwright</b>, Professor of Orthopaedics and Deputy Head of Orthopaedic Research Institute, <b>Bournemouth University</b></p>	<p><b>Orthoses as a Dynamic Intervention</b></p> <p><b>When Shoes Aren't Enough</b></p> <p>→ Prescription logic, modifications, weaning strategies</p> <p><b>Justin Coulter</b>, <b>Musculoskeletal Podiatrist, First Podiatry Ltd</b></p>
12:45 – 13:00	<p><b>CT planning and consideration of spinopelvic alignment in Robotic-Assisted total hip replacement</b></p> <p><b>Andreas Fontalis</b>, Trauma and Orthopaedic Surgery Specialist Registrar, <b>University College Hospital London</b></p>	<p><b>When Conservative Care Has Truly Failed</b></p> <p><b>Defining Plateaus, Not Giving Up</b></p> <p>→ Identifying ceilings, referral timing, shared decisions</p> <p><b>Andre Beson</b>, <b>Director &amp; Lead Physiotherapist, Physico</b></p>

## SESSION: 2



Primary Total Hip  
Replacement Session

Foot and Ankle Allied Professional  
Advanced

13:00 – 13:15

Management of common  
complications after total hip  
replacement

Tom White, Consultant  
Orthopaedic Surgeon,  
University Hospital Lewisham

13:00 – 13:30

Cases and Discussions

13:15 – 13:30

Question & Answer Round

13:30 – 14:30

Lunch & Networking Break

13:30 – 14:30

CasGP Update Sessions

## SESSION 3: Foot & Ankle

### Flatfoot

Chair: **Robbie Ray**, Consultant Orthopaedic Surgeon (Foot and Ankle), **Princess Royal University Hospital**

Panel **Razi Zaidi** Consultant Orthopaedic Surgeon (Foot and Ankle), **Princess Royal University**

**Ryan Geleit** Consultant Orthopaedic Surgeon (Foot and Ankle), **Princess Royal University**

14:30 – 14:45

**Introduction** to flatfoot pathophysiology and clinical exam  
**Bal Dhinsa**, Consultant Orthopaedic Foot and Ankle Surgeon, **Spire Healthcare Group plc**

14:45 – 15:00

**Management of flatfoot deformity** lessons learned over a career in treating flatfoot deformity  
**Robert Lloyd Williams**, Consultant Orthopaedic foot and ankle surgeon, **London Orthopaedic Clinic**

15:00 – 15:10

**Open calcaneal osteotomy (debate vs MIS)**  
**Maneesh Bhatia**, Consultant Orthopaedics Foot & Ankle Surgeon, **University Hospitals of Leicester NHS Trust**

15:10 – 15:20

**MIS calcaneal osteotomy (debate vs Open)**  
**Rohit Madhav**, Consultant Orthopaedic Foot and Ankle Surgeon, **Spire Bushey Hospital**

15:20 – 15:30

Questions to all speakers

15:30 – 15:45

**Hallux valgus and flatfoot**  
**Lyndon Mason**, Consultant Orthopaedic Foot and Ankle Surgeon, Foot and Ankle Lead, **The NHS University Hospitals of Liverpool**

15:45 – 16:00

**Endoscopic FDL transfer**  
**Marc Elkaim**, Consultant Orthopaedic Foot and Ankle Surgeon, **DROUOT Clinic**

16:00 – 16:10

**Lateral column lengthening (debate vs arthroereisis)**  
**Donatas Chlebinkas**, Consultant Orthopaedic Foot and Ankle Surgeon, **Klaipėdos Universiteto Ligoninė**

16:10 – 16:20

**Arthroeresis (debate vs lateral column lengthening)**  
**Callum Clark**, Consultant Orthopaedic Foot and Ankle Surgeon, **Fortius Clinic**

16:20

Questions to all speakers

Closing Remarks by the Faculty  
Drinks Reception | Networking | Faculty Dinner

For more information please contact us at [Contact@ukmeded.com](mailto:Contact@ukmeded.com)

## Conference Schedule Day 02



8:00 – 08:30 Conference Registration

8:30 – 09:00 Introduction to the Program and Welcome Note by the Faculty

### SESSION 1: Conference Room 1 Conference Room 2

#### Arthropathy of the Hand & Wrist

**Scapholunate instability and consequences (SLAC-scapholunate advanced collapse)**

09:00 – 09:20 Shamim Umarji (TBC), Consultant Hand & Wrist Surgeon, **St George's Hospital, London**

#### CMCJ OA

**Najab Ellahee**, Consultant Orthopaedic Hand Surgeon, **Epsom & St Helier Hospitals NHS Trust**

09:20 – 09:40

#### The role of wrist arthroscopy in managing OA

09:40 – 10:00 **Matt Curran**, Plastic Surgeon and Assistant Professor, **University of Alberta.**

#### PIP and DIP OA

**Ravi Mallina**, Consultant Hand & Wrist Surgeon, **Croydon University Hospital, London**

10:00 – 10:20

#### Upper Limb AHP

#### The ACJ : Victim Or Culprit?

**Jo Gibson**, Consultant Shoulder Physiotherapist and honorary senior lecturer, **Shoulder Success Ltd.**

#### Bone stress in the upper limb... no bone is safe from harm!

**Tom Cornish**, Owner, **PureForm**

#### GHJ and scapulo-thoracic joint multidirectional instability

**Xavier Rajarathnam**, Founder & CEO, **Xcel Health Group**

#### The not so common shoulder injuries in weightlifting and gymnastics

**Vince Moore**, Owner of **MoorePhysio**, Clinical Lead Physiotherapist, **Kings College Hospital**



**SESSION 1:      Conference Room 1                      Conference Room 2**

**Arthropathy of the  
Hand & Wrist**

**Upper Limb AHP**

**DRUJ OA**

**Aditya Prinja**, Consultant  
Upper Limb Surgeon,  
**Whittington and UCLH NHS  
Trusts**

**10:20 – 11:00**

**10:20 – 10:40**

**Case Presentations**

**Principle and protocols of  
hand therapy in managing  
OA**

**10:40 – 11:00**

**Christy Fowler**, Advanced  
Clinical Hand Therapist, **Guys  
and St Thomas' Hospitals,  
London**

**11:00 – 11.30**

**Networking Coffee Break**

## SESSION 2: Sports Injuries Affecting the Shoulder Joint



**Chair: Vipul Patel**, Consultant Orthopaedic Surgeon, **Southwest London Elective Orthopedic Centre**  
**Joydeep Sinha**, Consultant Orthopaedic Surgeon, **King's College Hospital NHS Foundation Trust**

**11:30 - 11:45** **Sterno-clavicular joint injury**  
**Graham Tytherleigh-Strong**, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital, **Cambridge University NHS Trust**

**11:45 - 12:00** **Acromio-clavicular joint Injuries**  
**Professor Mohamed Imam**, Consultant Orthopaedic Surgeon, **Ashford and St Peters NHS trust**

**12:00 - 12:15** **Clavicle fractures**  
**Dr Stefan Loske**, Attending Surgeon, **ARTHRO Medics, Basel und Rheinfelden**

**12:15 - 12:30** **The Throwing Athlete**  
**Carlos Cobiella**, Consultant Shoulder & Elbow and Sports Surgeon **The Shoulder Practice**

**12:30 - 12:45** **Pectoralis major rupture**  
**Abhi Gulihar**, Consultant Orthopaedic Surgeon (Upper Limb and Trauma), **Princess Royal University Hospital, Kings College Hospital NHS Foundation Trust**  
**Dr Bushra Alshanqiti**, Orthopedic Surgeon, **King Abdullah Medical Complex - Jeddah | Consultant of Orthopedics, King Abdullah Medical Complex -Jeddah/USA**

**12:45 - 13:00** **Foundations First: Steps To Success In The Sporting Shoulder**  
**Jo Gibson**, Consultant Shoulder Physiotherapist and Honorary Senior Lecturer, **Shoulder Success Ltd.**



**13:00 – 13:15**

**Biologics in shoulder injury management.**

**Dr Fahad Attar, Consultant, Orthopedic Sports & Arthroplasty,  
Kings College Hospital, Jeddah**

**13:15 – 13:30**

**Question & Answer Round**

**13:30 – 14:30**

**Lunch | Networking Break**

## SESSION 3: Elbow Session

### Theme Trauma

**CHAIR : Kishan Gokaraju**, Consultant Orthopaedic Surgeon Specialist (Upper Limb Surgery), **King's College Hospital NHS Foundation Trust, London**

**Kishan Gokaraju**, Consultant Orthopaedic Surgeon & Specialist in Upper Limb Surgery, **(King's College Hospital NHS Foundation Trust, London)**

**Nick Little**, Consultant Shoulder & Elbow Surgeon, **(Epsom & St Helier University Hospitals NHS Trust)**

**14:30 – 14:45** **Elbow Approaches for Trauma**  
**Kishan Gokaraju**, Consultant Orthopaedic Surgeon Specialist (Upper Limb Surgery), **King's College Hospital NHS Foundation Trust, London**

**14:45 – 15:00** **Radial Head Fractures**  
**Simon Booker**, Consultant Shoulder & Elbow Surgeon, **Sheffield Teaching Hospitals NHS Foundation Trust**

**15:00 – 15:15** **Coronoid Fractures**  
**Karthik Karuppaiah**, Consultant Orthopaedic Surgeon & Specialist in Upper Limb Surgery, **King's College Hospital NHS Foundation Trust, London**

**15:15 – 15:30** **Distal Humerus Fractures**  
**Lee Van Rensburg**, Consultant Shoulder & Elbow Surgeon, **Cambridge University Hospitals NHS Foundation Trust**

**15:30 – 15:45** **Arthroplasty in Elbow Trauma**  
**Jonathan Evans**, Consultant Shoulder & Elbow Surgeon, **Royal Devon University Healthcare NHS Foundation Trust**

**15:45 – 16:00** **Paediatric Elbow Trauma**  
**Anouska Ayub**, Consultant Paediatric Trauma & Orthopaedic Surgeon, **The Royal London Hospital, Barts Health NHS Trust**

**16:00** **Case presentations**